

**FACULTY
RESEARCH GRANT
DR. YSR UHS**



NARAYANA
COLLEGE OF NURSING
NELLORE

Date: 07.09.2023

To
The Director (Research & Development)
Dr. YSR University of Health Sciences,
Vijayawada – 520 008.
A.P

Respected Madam,

Sub: Narayana College of Nursing, Nellore – Submission of projects for faculty funding –
Reg.

Ref: Dr. YSRUHS, Vijayawada letter No. 4723/A5/FRG/2023, dated 07.08.2023.

As per the reference cited above, herewith we are submitting the Faculty Research grants project application for the academic year 2023-24 are enclosed for your kind perusal.

Thanking you,

Yours Sincerely,

B. Vanaja Kumari

(Prof. B. Vanaja Kumari)
PRINCIPAL
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Encl: Project Reports of 2 faculties.

1. Mrs. Smitha P.M
2. Mrs. Thejovathi. G



Dr. B. Vanaja Kumari
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Recognised by Indian Nursing Council and a.p. Nurses & Midwives Council
Affiliated to Dr. YSR University of Health Sciences, A.P. Vijayawada.

NAAC Accreditation (B+) Accredited by "International Accreditation Organization (IAO)"

Chinthareddypalem, Nellore - 524003

☎ : 0864 2247000 Fax : 0864 2241000

I. **PARTICULARS OF RESEARCH PROJECT**(attach separately)

i. **Title of Project**

A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among Mothers of Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet.

ii. Specialities covered by the Research work Child Health nursing, Community Health Nursing, Mental health nursing

iii. Nature of work-~~Clinical/Experimental/Combined~~/Field Project(Strike off what is irrelevant)/~~any other~~(specify)

iv. State whether any travel is involved in the programme of work

Yes From Narayana College of Nursing to 4 major areas of Nellore

District, planned to visit each area 3 times a year.

Dr B. Anurag
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Names and designations of Co- investigators:

a) Prof. Vanajakumar. B, Principal

Narayana College of Nursing

b) Prof. Smitha. P.M, M.Sc.(N), Ph.D

Department of Mental Health Nursing, Narayana College of Nursing

DY. B. Chinnay
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

v. State whether there is any other source of funding for this project? If so give details.

No

Timelines of the project (Gantt chart).

S.No	Stages of research	Aug 23 to sep 23	Nov 23 to Dec 23	Jan 24 to April 24	May 24 to Aug24	Sep 24 to Dec 24	Jan 25 to Apr25	Sep 24 to Dec 24	Jan25 to Apr25
1.	Preparation of proposal								
2.	Selection of sample								
3.	Registration of sample								
4.	Periodic assessment								
5.	Data Analysis								
6.	Periodic report writing								
7.	Final project submission								


vi. Aim & Objectives

Aim:

This study aims to investigate whether frequent smart phone usage will be effect on quality of sleep and poor mental health (Depressive symptoms, Anxiety level, perceived stress, and low life satisfaction).

Objectives:

1. To assess the effect of frequent smart phone usage on the quality of sleep and poor mental health among primary school children.
2. To investigate the correlation between frequent smart phone use and quality of sleep among primary school children.
3. To investigate the correlation between frequent smart phone use and Poor mental health among primary school children.
4. To investigate the correlation between frequent smart phone use on quality of sleep and Poor mental health among primary school children.
5. To identify the association between frequent smart phone use on quality of sleep and Poor mental


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health among primary school children with selected Demographic variable.

Hypotheses:

H01: There is no correlation between frequent smart phone use and quality of sleep among primary school children.

H1: There is a positive correlation between frequent smart phone use and quality of sleep among primary school children.

H02: There is no correlation between frequent smart phone use and poor mental health among primary school children.

H2: There is a correlation between frequent smart phone use and poor mental health among primary school children.

H03: There is no correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children

H3: There is a positive correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children.

H04: There will be no significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

H4: There is a significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

vii. Present knowledge and relevant bibliography (please give here only the most relevant references complete with the authors name(s), title of the article, name of the Journal, year, volume and page number).

INTRODUCTION

“Good habits formed in youth make all the difference.”

-Aristotle

Children are vital to the nation’s present and its future. Parents, grandparents, aunts, and uncles are usually committed to providing every advantage possible to the children in their families, and to ensuring that they are healthy and have the opportunities that they need to fulfill their potential with free from addictions like frequent usage of smart phones, anti social activities and un healthy habits ets.1 In the new era, the children are exposed to technology at younger ages than ever before. There are different types of radiations generated by mobile phones and wireless devices, microwave radiations, ionizing and non-ionizing radiations. Cell

Dr. B. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

receive text, or use data, our phone receives radio-frequency waves to its antenna from cell towers.²

Most children use their smart phones before going to bed. They could either be staying up late talking to their friends or playing games, watching videos or just scrolling through social media. This mindless staring at smart phones at late hours over a period of time causes fatigue and restlessness, as using any electronic devices late at night can lead to reduced sleep timing. This is caused due to the emission of blue light, which all digital devices emit and are known to be harmful to our eyes, and also trick our brain into thinking that it is still daytime.³ Sleep is a physiological state of unawareness which is regulated homeostatically.⁴ Almost one-third of our lives are spent while sleeping.⁵ Sleep plays an important role in cognitive and physical functions, cellular toxin removal, disease prevention and restoration of both mind and body. Proper sleep is especially important for children and adolescents.⁶

Lack of sleep in adolescents is becoming an important health issue worldwide.⁷ Many factors can affect sleep hygiene⁸ but the role of mobile use in causing sleep problems in adolescence has gained huge attention in the past few years.⁹ These sleep disturbances even disrupt children's academic life as when children are sleep deprived during the night, they are too sleepy to concentrate during classes, leading to the domino effect that seeps into all walks of their lives. There have also been several recent studies which show that the lack of quality sleep in children not only affects their academic performance but also affects their physical development, productivity, attention, and energy levels.³⁻¹⁰

New studies also suggest that an hour a day spent with their smartphones plays a significant part in the rise of depression and anxiety among children. An observational study showed that spending more than a few hours per week using electronic media correlated negatively with self-reported happiness, life satisfaction and self-esteem, whereas time spent on nonscreen activities (in-person social interactions, sports or exercise, print media, homework, religious services, working at a paid job) correlated positively with psychological well-being, among children.¹¹

Hence this study is planned to assess the effect of frequent smart phone usage on quality of sleep and poor mental health among primary school children and to develop awareness pamphlet.

NEED FOR STUDY:

Children constitute one of the most vulnerable groups for practicing risky and addicted to bad habits. According to common sense media reported that 42 percent of kids have a phone by age 10. By age 12, it's 71 percent. By 14, it's 91 percent. According to a report released in 2017 by Common Sense Media spend the following amount of time each day using digital devices.

- Kids under 2 years of age spend on average 42 minutes per day
- Kids ages 2 to 4: 2.5 hours per day
- Children ages 5 to 8: spend an average of nearly 3 hours per day
- For 8- to 12-year-olds, the average time spent using screen media every day was 4 hours and 36 minutes.¹²

Organizations around the globe like the American Academy of Pediatrics (AAP) and the World Health Organization (WHO) have suggested various screen limit guidelines.

According to the research conducted by Barna Group for Andy Crouch's book *The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place*:

- 64% of school age children watch television or movies after school, regardless of their age group.
- Almost half of kids ages 9–17 play video games, 48% of children between 14 and 17 years spend their free time on social media or texting with friends.
- One in four teens spends time browsing online.

A cross-sectional study was conducted using a semi-structured questionnaire. The association of physical and mental health variables with the demographic variables was examined using Pearson's correlation and χ^2 -test. The binary logistic regression model was further used to predict the probabilities of negative impact on personality due to excessive use of cell phones. By Muhammad Daniyal. The study highlights a significant association between excess use of cell phones and negative effects on physical and mental health wellbeing.¹³

Therefore, this made the investigators planned this study in order to bring awareness among primary school children and their mothers regarding consequences of usage of mobile phones and how to limit the habit through Awareness Pamphlet.

Operational Definitions

Longitudinal study

Dr. Bahini
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Effect

It defines there will be a change due to frequent smart phone usage on quality of sleep and mental health among primary school children.

Smart phone

It Defines mobile phone that performs many of the functions of a computer, typically having a touch screen interface, internet access, and an operating system capable of running downloaded apps.

Quality of Sleep

It defines as child satisfaction of the sleep experience recommended 9-12 hrs integrating aspects of sleep initiation, sleep maintenance, sleep quantity, and refreshment upon awakening.

Poor Mental Health

It defines the primary child has the manifestations of loneliness, depressive symptoms, perceived stress, and low life satisfaction due to effect of frequent smart phone usage.

Mothers

Researcher Going to use mothers as a sample who has 6-8 yrs of age children.

Primary School Children:

It defines the Child any child male or female between the age group of 6 to 11 years

References:

Braulio M. Girela-Serrano and Alexander D. V. Spiers et.al, Impact of mobile phones and wireless devices use on children and adolescents' mental health: a systematic review, Journal of European Child & adolescent psychiatry, 16-june-2022, Volume 32 Issue 9 september 2023.

1. <https://www.ncbi.nlm.nih.gov/books/NBK92210/>.

2. <https://innohealthmagazine.com/2019/well-being/effects-mobile-phones/#:~:text=Having%20a%20mobile%20device%20at,than%2019%20years%20of%20age.>

3. <https://sherwoodhigh.com/blogs/5-harmful-effects-of-smartphones-on-the-development-of-your-child/>.

4. Brown LK. Can sleep deprivation studies explain why human adults sleep? *Curr Opin Pulm Med*. 2012;**18**(6):541–545. doi: 10.1097/MCP.0b013e3283596740 [PubMed] [CrossRef] [Google Scholar].

5. Webb WB, Friel J. Characteristics of “natural” long and short sleepers: a preliminary report. *Psychol Rep*. 1970;**27**:63–66. doi: 10.2466/pr0.1970.27.1.63 [PubMed] [CrossRef] [Google Scholar].

6. Max H, Kaitlyn W, Steven MA, et al. National Sleep Foundation's sleep time duration

doi: 10.1542/peds.2014-1696 [PMC free article] [PubMed] [CrossRef] [Google Scholar]

8. Dagmara D, Frances LC, Patrick M. The role of environmental factors on sleep patterns and school performance in adolescents. *Front Psychol.* 2015;01:17–24. [PMC free article] [PubMed] [Google Scholar]

9. Duygu A, Bulent A. The effect of mobile phone usage on sleep quality in adolescents. *J Neuro Behav Sci.* 2018;5:68–71. [Google Scholar].

10. Twenge JM, Martin GN, Campbell WK. Decreases in psychological well-being among American adolescents after 2012 and links to screen time during the rise of smartphone technology. *Emotion* 2018;18:765–80. [PubMed] [Google Scholar]

13. Muhammad Daniyal and Syed Fahad Javaid et.al A Cross-Sectional Study The Relationship between Cellphone Usage on the Physical and Mental Wellbeing of University Students, 2022, 2022 Aug; 19(15): 9352. PMCID: PMC9368281, PMID: 35954709

viii. **Methodology and Techniques (giving all relevant details like study design, selection of subjects, experimental model, techniques, study proforma etc.).**

Methodology:

Type of Research: qualitative research

Study Design: Longitudinal research design

Study setting: The study setting will be carried out at atmakur, linga samudram, kavali, venkatachalem these all major areas of 4 revenues of Nellore District, A.P.

Target Population: Mothers of Primary school children between the age of 6-11 yrs.

Study Sample: Study participants will be mothers of primary school children between the age group of 6 to 11 years in selected areas of Nellore.

Sample size calculation:

- Confidence level: 95%
- Margin of error: 5%
- Estimated Population: 20,000
- Response distribution: 40%
- Assuming confidence interval 95%, Margin of error 5%, estimated population 20,000 and response distribution will be 40% by above the estimated sample size is 377.
- Sample size is 377

Dr. Bahini
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Sampling technique: Simple random sampling technique.

Eligibility criteria:

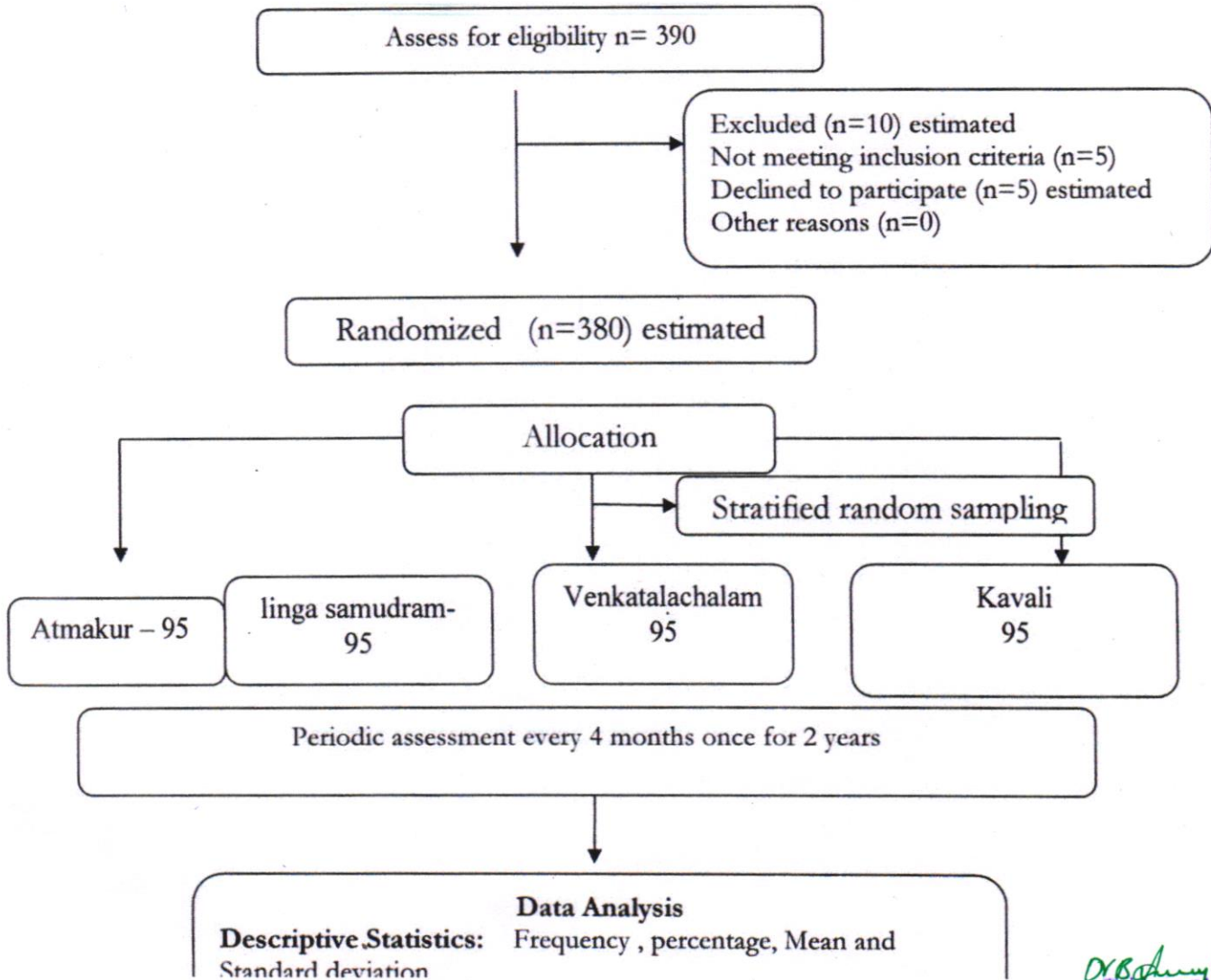
Inclusion:

1. Age between 6-11 yrs.
2. Habit of using smart phone for longer period (more than an hour per day)
3. Both gender
4. The participants willing to participate in observation thrice in a year for 2 years.
5. Who are residing in selected areas.

Exclusion:

1. Suffering with sensory deprivation, insomnia, mental illness and Juvenile diabetes.
2. Children with serious developmental disabilities, such as autism or intellectual disability.
3. Habit of using ordinary phone.

CONSORT flow diagram for the selection of sample



DEVELOPMENT AND DESCRIPTION OF TOOL:

The tool for data collection consists of two parts

PART-I:

SOCIO DEMOGRAPHIC DATA

This section consists of information about the demographic details of the study sample like Age of child, Age of Mother, gender, Gender, Education, Schooling, Family Income, No.of Primary school children in the family, Smart phone usage, Smart phone usage at bedtime Number of time smart phone has been used per day, Time spent using smart phone at once.

Purpose of using smart phone area of using smart phone and Spend time for physical Play

PART-II

SECTION-A

The Questionnaire consist of combination of Likert Type And Open-Ended Questions

The questionnaire consists of a combination of Likerttype and open-ended questions (later converted to scaled scores using provided guidelines). Primary school age children will be asked to indicate how frequently they have experienced certain sleep difficulties over the past month and to rate their overall sleep quality. Scores for each question range from 0 to 3, with higher scores indicating more acute sleep disturbances.

The scale consist of 0-21 points

Score Interpretation:

S.no.	Score	Level of Sleep difficulty
1	0-29	No Sleep difficulty
2	29.1- 58.6	Moderate sleep difficulty
3	58.6- 88	Severe Sleep difficulty

SECTION-B

CONSIST OF SELF SATISFACTION SCALE

The Scale consist of 10 items, each item scored as 0-5 likert scale, the raw score ranges from 0-50

Score Interpretation:

S.no.	Score	Level of Depression
1	0-20	Extremely Satisfaction
2	21-25	Satisfaction
3	26-30	Dissatisfaction

SECTION-C

CONSIST OF STANDARD SELF RATING ANXIETY SCALE

The Scale consist of 20 items, each item scored as 0-4 likert scale, the raw score ranges from 20-80

S.no.	Score	Range of Anxiety levels
1	20-44	Normal range
2	45-59	Mild to Moderate anxiety levels
3	60-74	Marked to severe anxiety levels
4	74-80	Above Extreme anxiety levels

DATA COLLECTION PROCEDURE:

Prior permission will be obtained from concerned authorities (Institutional ethical committee, Principal, Respective area PHC/UHC Officer, municipal corporator and Mothers). Primary school child will be registered initially according to inclusion and exclusion criteria; equal numbers of children will be chosen from each area based on child population to ensure equity. A probability sampling technique by using a stratified sampling method will be adopted to select the samples. Consent for the study will be obtained from study participants and mothers. Demographic details of the study participants will be collected. The quality of sleep, poor mental health will be assessed periodically every 4 months once like P1, P2, P3 in 2024 and P4, P5, P6 in 2025. Planned to issue detailed awareness pamphlet regarding Hazards of Frequent usage of smart phone and how to overcome. Anonymity and confidentiality will be maintained throughout the study.

ix. What is aimed to be achieved by the study?

This study aims to investigate whether frequent smart phone usage will be effect on quality of sleep and poor mental health (Depressive symptoms, Anxiety level, perceived stress, and low life satisfaction).

x. How is it likely to advance or add to the existing knowledge in relation to human health? (Newness/Novelty/Uniqueness describing anticipated impact)

The use of mobile phones puts high demands on the individual's own capacity to set limits for use and accessibility. Norms on how to use mobile phones are set in interaction with others. Attitudes are probably an important factor to focus in prevention strategies. This could include information to children and mothers about the importance of sleep and recovery. and the advice to set limits for accessibility (i.e., turn off the phone) at certain

Dr. B. Chinnay
Principal

behavior among mothers and children. This study will help to create awareness among the stakeholders about the importance of bring awareness among children regarding hazards of frequent usage mobile phones because Today children are tomorrow citizens by the we can save the nation.

xi. Proposed duration of the project (Maximum two years)

From 10-11-23 to 10- 11-25 (2yrs) 377 primary school children living at atmakur, linga samudram, kavali, venkatachalem will be enrolled during their first visit estimated on 10-11-23.

xii. Total budget estimate

S.No	Particulars	Details	Total
1.	Refreshments	377 X 30	Rs. 11,310
2.	Transport (6 times to 4 areas)	30,000	Rs. 30,00
3.	Awareness pamphlet	377 X 150	Rs. 56,550
4.	Photos & videos	15,000	Rs. 15,000
5.	Stationary	38,000	Rs. 38,000
5.	Miscellaneous	50,000	Rs. 50,000
Total			Rs. 2,00,860

xiii. Facilities available in the Institute/department to execute the project.

- Educational Media
- Institutional Ethical Committee

xiv. Approval from the Institutional ethics committee (enclose copy)

Yes (enclosed), Ref No: 02/NR/FFP/NCON/23

xv. Letters of approval from other institutions/laboratories (if applicable)

Will be Obtained before starting of main study

D. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

II. DECLARATION:

- a) I have gone through the rules and conditions for financial assistance. If selected, I agree to abide by them. The particulars given in the form are correct and I am prepared to present myself or interview at my own expenses, if called up to do so.
- b) Certified that I have not claimed/received University grants/financial assistance from any other source earlier for this project.
- c) I agree to submit online all the raw data generated from the project to the University data Repository within one month of completion of the work.

Signature of the Principal Investigator.

Signature of the Co- investigators.

PI. Thya
THEJOVATHI

B. Anny
B. Vanajakumari

SMITHA. P. M.

III. Certificate by the Head of the Institute

(i) I recommend the Project entitled

Yes This study will be very useful to nation by modifications of addictive behavior of child by improving quality of sleep and Improving Good Mental Health, so it can be Approved because today children are tomorrow citizens.

For the University grant.

(ii) I certify that all the equipment, laboratory and other facilities required for carrying out the proposed research project by the applicant (s) are available in the Department/ Institute and will be made available to the applicant(s).

(iii) I undertake to send to the University an audited statement of accounts along with the utilization certificate as required in the Rules for financial assistance/grant.

B. Anand

Signature of the Head of the Institution

(Seal bearing Designation & Address)

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

D. R. Anand
Principal

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Chinthareddypalem,
NELLORE - 524 003



INSTITUTIONAL ETHICS COMMITTEE NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore. Ph : 0861 - 2317969, Fax : 0861 - 2311968.
Registration Approved by : Central Drugs Standard Control Organization,
Reg. No. ECR/1348/Inst/AP/2020 New Delhi, dated : 20 Feb 2020.



03 Sep 2023

02/NR/FFP/NCON/2023

To

Mrs. Thejovathi, M.Sc.(N), Assoc. Prof
Dept. of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem, Nellore, Andhra Pradesh

Sub: Ethical Clearance Certificate, Ref No 02/NR/FFP/NCON/2023 - Reg.

The members of committee reviewed and discussed the study proposal entitled

“A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among mothers of Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet”.

Ethical committee has approved and none of the members voted against this study.

The present approval is valid only for three years; the investigator should take the re-approval after three years if any change, modification or deviation in the protocol or any event must be informed to the ethical committee and must apply for fresh IEC approval.

Member Secretary

IEC
Member Secretary

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.

Chairperson

IEC
Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.

Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

ANUEXURE-I

PART-I

DEMOGRAPHIC DATA

1. Age (years) _____
2. Age of Mother
3. Gender ()
 - a) Male
 - b) Female
4. Education ()
 - a) 1st standard
 - b) 2nd standard
 - c) 3rd standard
 - d) 4th standard
 - e) 5th standard
- 5) Schooling ()
 - a) Private school with state syllabus
 - b) CBSC schooling
 - c) International schooling
 - d) GOVT school.
- 6) Family Income ()
 - a) Up to 5,000
 - b) 5001-10,000
 - c) 10, 0001-20,000
 - d) Above 20,000.
- 7) No.of Primary school children in the family ()
 - a) 1
 - b) 2
- 8) Smart phone usage ()
 - a) Yes
 - b) No

9) Smart phone usage at bedtime ()

a) Yes

b) No

10) Number of time smart phone has been used per day ()

a) Once

b) twice

c) thrice

d) more than thrice

11) Time spent using smart phone at once ()

a) 15 Min

b) 16 - 30 min

c) 31 - 45 Min

d) 46- 60 Min

e) >60 min

12) Purpose of using smart phone ()

a) Study

b) Playing Games

c) Watching purposeless videos

d) Others

12) Area of using smart phone ()

a) In school

b) In Home

c) In play ground

d) Others

13. Spend time for physical Play ()

a) None

b) 0- 30 min

c) 31min - 1 hr

d) More than 1hr

ANUEXURE-II
PART-II
Section- A

CHILDREN'S SLEEP HABITS QUESTIONNAIRE (ABBREVIATED)

The following statements are about your child's sleep habits and possible difficulties with sleep. Think about the past month in your life when you answer the questions. If last week was unusual for a specific reason, choose the most recent typical week. Unless noted, check Always if something occurs every night, Usually if it occurs 5 or 6 times a week, Sometimes if it occurs 2 to 4 times a week, Rarely if it occurs once a week, and Never if it occurs less than once a week.

BEDTIME

Write in your child's usual bed time : Week nights ____ : ____ am/pm

Weekends ____ : ____ am/pm

	7 times Always 4	5-6 times Usually 3	2-4 Sometimes 2	1 Rarely 1	0 Never 0
1. Child goes to bed at the same time at night.					
2. Child falls asleep within 20 minutes after going to bed.					
3. Child falls a sleep alone in own bed.					
4. Child falls asleep in parent's or sibling's bed.					
5. Child falls asleep with rocking or rhythmic movements.					
6. Child needs special object to fall a sleep(doll, special blanket, stuffed animal, etc.).					
7. Child needs parent in the room to fall asleep.					
8. Child resists going to bed at bedtime.					
9. Child is afraid of sleeping in the dark.					

Dr. B. Srinivas
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



Dr. YSR UNIVERSITY OF HEALTH SCIENCES::ANDHRA PRADESH
FACULTY RESEARCH GRANTS - 2023

Lr.No.4723/A5/FRG/2023

Date.11.10.2023

Dear Mrs G Thejovathi
Assoc Prof,

Dr. YSR University of Health Sciences is pleased to sanction Faculty Research Grant for your Research Proposal titled "A LONGITUDINAL STUDY ON EFFECT OF FREQUENT SMART PHONE USAGE ON QUALITY OF SLEEP AND MENTAL HEALTH AMONG MOTHERS OF PRIMARY SCHOOL CHILDREN, NELLORE A.P IN A VIEW TO DEVELOP AWARENESS PAMPHLET". Your Research Grant No. is DRYSRUHS/FRG2-2023 and the number should be mentioned in any further communication with the University.

Following are the Guidelines for utilization of funds, reporting of progress and other matters related to the Grant:

1. The total amount of each grant is not more than rupees two lakhs (Rs.2,00,000/-). This grant may be utilized for purchasing consumables, travel related to the project and overhead expenses. Equipment, laboratory and other facilities should be provided by the institution.
2. The total duration of the project is for two years.
3. The budget will be released in the ratio of 40:40:20 in three phases subject to satisfactory progress of the research work.
4. The host institution should maintain a separate account in a Authorized bank jointly operated by the Principal/Dean of the college and the Principal Investigator (PI). The details of Joint Account should be furnished by 31.10.2023. The audited statement should be submitted to the University every year.
5. If the college discontinues the project or the progress is not satisfactory, the University deserves the right to discontinue the project. In such a case the Principal/Dean and Principal Investigator will have to refund the entire grant paid for the project work.
6. A six-monthly project report shall be submitted by the Principal through proper channel.

Dr. Boddu
Principal
NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003



7. The Principal Investigator should publish minimum of one scientific article related to the project in UGC CARE listed journals. The article should be submitted along with final report of the research project.
8. The University should be acknowledged in all the publications/presentations at conferences arising out of the project work.
9. The patents and copy rights of the project work will be the sole property of the University.
10. The final report of the research project shall be submitted within one month of completion of the project.
11. An undertaking stating that the project work shall be conducted as per the rules and regulations of Dr.YSRUHS should be given on a stamp paper by the Principal Investigator and the Head of the Institution.
12. The faculty should obtain a clearance from the Institutional Ethics Committee (IEC) if the proposal involves research on human participants and from Institutional Animal Ethics Committee (IAEC) if the work involves the use of animals and same should be submitted to the University on or before **30.11.2023**.

Sd/-REGISTRAR

// ATTESTED //

[Handwritten Signature]
17/11/2023

JOINT REGISTRAR (ACADEMIC)

[Handwritten Signature]
13/11/2023

To,
Mrs G Thejovathi
Assoc Prof
Narayana College of Nursing,
Chintareddypalem,
Nellore – 524 002.

Copy to the concerned Principal.

Dr. B. Babu
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Dr.YSR UNIVERSITY OF HEALTH SCIENCES :: VIJAYAWADA :: A.P

Lr.No.4723/A5/FRG/2023

Date: 24-07-2024

To
All the Faculty Members selected for
Faculty Research Grant 2023.

Sir / Madam,

Sub: Dr.YSRUHS – Research Wing – Selected Candidates for FRG 2023 – To submit the IEC, Six months project report, undertaking on a stamp paper & Details of Joint Account to the University – Intimation – Reg.

Ref1:- Lr.No.4723/A5/FRG/2023, dated 11/10/2023.

2:- Orders of the Vice Chancellor dt. 07-2024

In continuation to this office letter in the reference 1st cited, I am by direction to inform you that the Faculty selected for Research Grants 2023 should submit the following as per the FRG Regulations.

1. To submit the Original copy of Undertaking shall be in a stamp paper signed by the Principal Investigator & Head of the Institute stating that the project work shall be conducted as per the rules and regulations of Dr.YSR UHS, Vja.
2. To submit the Original copy of six months project report shall be submitted by the Principal through proper channel.
3. To obtain a clearance from the Institutional Ethics Committee (IEC), if the Proposal involves Institutional Animal Ethics Committee (IAEC). If the work involves the use of animals be same should be submitted to the University (Original Copy).

If already Original documents submitted this may please ignored.

This is for your information & necessary action.

Yours faithfully

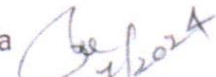

REGISTRAR

Copy to the Principal of respective colleges.

Copy to PS to Vice Chancellor/PA to Registrar, Dr.YSR UHS, Vijayawada


Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003


24/07/2024

Dr.YSR UNIVERSITY OF HEALTH SCIENCES
Faculty Research Grant 2023

S No	Name of the applicant	College	Bank Details	IEC Submission	Undertaking Form	Initial /Six Months Project report
1	Dr B Devi Madhavi Prof & HOD of Community Medicine	Rangaraya Medical College, Kakinada	Submitted	Not Submitted	Submitted on 14-12-2023	Submitted
2	Dr M Chandra Lekha Asst Prof of Plastic Surgery	Govt General Hospital, Guntur	Submitted	Not Submitted	Not Submitted	Not Submitted
3	Dr R Sudhakar Assoc Prof of Pathology	NRI Institute of Medical Sciences, Chinakakani	Submitted	Submitted on 05th March 2024	Submitted on 05th March 2024	Submitted Initial Project report on 05th March 2024
4	Dr N Partha Sarathy Prof & HOD of Community Medicine	Alluri Sita Rama Raju Academy of Medical Sciences, Eluru	Submitted	Not Submitted	Submitted on 18/12/2023	Not Submitted
5	Dr N Sridevi Prof of Biochemistry	Govt Siddhartha Medical College,	Submitted	Submitted on 29th Nov 2023	Not Submitted	Not Submitted

Dr. B. Anuj
Principal

S No	Name of the applicant	College	Bank Details	IEC Submission	Undertaking Form	Initial /Six Months Project report
6	Dr P Sudha Kumari Prof & HOD of Community Medicine	Kurnool Medical College, Kurnool	Not Submitted	Not Submitted	Not Submitted	Not Submitted
7	Dr M Neethi Chandra Assoc Prof of Pulmonary Medicine	S V Medical College, Tirupati	Submitted	Submitted Xerox on 05- 12-2023	Not Submitted	Not Submitted
8	Dr B Tirumala Rao Assoc Prof of Community Medicine	Govt Medical College, Ongole	Bank Pass book not clear A/C no not clear in passbook	submitted Xerox	submitted xerox	submitted Xerox
9	Dr Gadde Praveen Assoc Prof of Public Health Dentistry	Vishnu Dental College	Submitted	Submitted xerox copy on 23-02- 2024	Submitted xerox copy on 23-02- 2024	Submitted on 23-02-2024
10	Dr Yamuna Marella Reader of Periodontics	Sibar institute of Dental Sciences, Guntur	Submitted	Xerox Submitted on 15 12-2023	Submitted on 29- 02-2024	Initial Project report Submitted on 29-02-2024

Dr. S. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

S No	Name of the applicant	College	Bank Details	IEC Submission	Undertaking Form	Initial /Six Months Project report
11	Dr V Venkata Ramana Murthy Prof of Oral & Maxillofacial Surgery	Anil Neerukonda Institute of Dental Sciences, Visakhapatnam	Not Submitted	Submitted Xerrox	Submitted xerox copy	Submitted through email
12	Dr G Kiranmayi Assoc Prof of Conservative Dentistry & Endodontics	Narayana Dental College & Hospital, Nellore	Submitted	submitted on 02-03-2024	submitted on 02-03-2024	Initial Project report submitted on 02-03-2024
13	Ms J Anusha Asst Prof of Community Health Nursing	Sree Narayana Nursing College, Nellore	Submitted	Submitted on 06-12-2023	Submitted on 06-12-2023	Initial Project report submitted on 04-03-2024
14	Mrs G Thejovathi Assoc Prof	Narayana College of Nursing, Nellore	Submitted	Submitted on 06-12-2023	Submitted on 06-12-2023	Initial Project report Submitted on 01-03-2024


 Dr. B. Babu
 Principal
 NARAYANA COLLEGE OF NURSING
 Chinthareddypalem,
 NELLORE - 524 003



NARAYANA
COLLEGE OF NURSING
NELLORE

Date: 29.02.2024

To
The Director (Research & Development)
Dr. YSR University of Health Sciences,
Vijayawada – 520 008.
Andhra Pradesh

Respected Madam/Sir

Sub: Narayana Nursing College, Nellore – Submission of the initial project report – Reg.

Ref: Dr. YSRUHS, Vijayawada letter No. 4723/A5/FRG/2023, dated 11.10.2023.

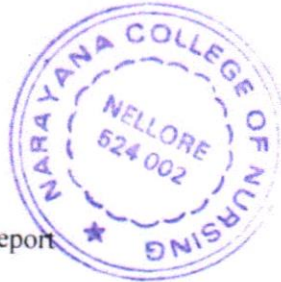
As per the reference cited above, herewith we are submitting the initial project report for the academic year 2023-24. The undertaking form, IEC, and joint account details have been submitted previously. Kindly review the attached document and disburse 40% of the fund to continue further research work.

Thanking you,

Yours Sincerely,

(Dr.B. VANAJA KUMARI)

Thyjavathi
PRINCIPAL INVESTIGATOR
Principal Investigator
Narayana College Of Nursing
Chinthareddypalem, Nellore-524003



B. Vanaja
PRINCIPAL
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Encl:

1. Six months of initial project report

Dr. B. Vanaja

DR.YSR UNIVERSITY OF HEALTH SCIENCES,VIJAYAWADA

Six Months Progress Report of Faculty Research Grant

**Narayana College of Nursing
Chinthareedypalem, Nellore-524003**

INDEX

S.No	Heads of Content in report
1.	Detail initial Project report
2.	Data Collection Tools
3.	Undertaking letter – submitted earlier
4.	IEC clearance Certificate - submitted earlier
5.	Joint Bank account details - submitted earlier

DYBhmy
Principal

**NARAYANA COLLEGE OF NURSING
Chinthareedypalem,
NELLORE - 524 003**



Dr.YSR UNIVERSITY OF HEALTH SCIENCES::ANDHRA PRADESH
FACULTY RESEARCH GRANTS - 2023

Lr.No.4723/A5/FRG/2023

Date.11.10.2023

Dear Mrs G Thejovathi
Assoc Prof,

Dr. YSR University of Health Sciences is pleased to sanction Faculty Research Grant for your Research Proposal titled "A LONGITUDINAL STUDY ON EFFECT OF FREQUENT SMART PHONE USAGE ON QUALITY OF SLEEP AND MENTAL HEALTH AMONG MOTHERS OF PRIMARY SCHOOL CHILDREN, NELLORE A.P IN A VIEW TO DEVELOP AWARENESS PAMPHLET". Your Research Grant No. is DRYSRUHS/FRG2-2023 and the number should be mentioned in any further communication with the University.

Following are the Guidelines for utilization of funds, reporting of progress and other matters related to the Grant:

1. The total amount of each grant is not more than rupees two lakhs (Rs.2,00,000/-). This grant may be utilized for purchasing consumables, travel related to the project and overhead expenses. Equipment, laboratory and other facilities should be provided by the institution.
2. The total duration of the project is for two years.
3. The budget will be released in the ratio of 40:40:20 in three phases subject to satisfactory progress of the research work.
4. The host institution should maintain a separate account in a Authorized bank jointly operated by the Principal/Dean of the college and the Principal Investigator (PI). The details of Joint Account should be furnished by **31.10.2023**. The audited statement should be submitted to the University every year.
5. If the college discontinues the project or the progress is not satisfactory, the University deserves the right to discontinue the project. In such a case the Principal/Dean and Principal Investigator will have to refund the entire grant paid for the project work.
6. A six-monthly project report shall be submitted by the Principal through proper channel.

Dr. B. Anjali
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



7. The Principal Investigator should publish minimum of one scientific article related to the project in UGC CARE listed journals. The article should be submitted along with final report of the research project.
8. The University should be acknowledged in all the publications/presentations at conferences arising out of the project work.
9. The patents and copy rights of the project work will be the sole property of the University.
10. The final report of the research project shall be submitted within one month of completion of the project.
11. An undertaking stating that the project work shall be conducted as per the rules and regulations of Dr.YSRUHS should be given on a stamp paper by the Principal Investigator and the Head of the Institution.
12. The faculty should obtain a clearance from the Institutional Ethics Committee (IEC) if the proposal involves research on human participants and from Institutional Animal Ethics Committee (IAEC) if the work involves the use of animals and same should be submitted to the University on or before 30.11.2023.

Sd/-REGISTRAR

// ATTESTED //

Emm
13/10/23
JOINT REGISTRAR (ACADEMIC)

To,
Mrs G Thejovathi
Assoc Prof
Narayana College of Nursing,
Chintareddypalem,
Nellore - 524 002.

Copy to the concerned Principal.

Dr. B. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

DR.YSR.UNIVERSITY OF HEALTH SCIENCES,VIJAYAWADA

Six Months Progress Report of Faculty Research Grant

1. **Project title:**

A Longitudinal Study on Effect Frequent Smart Phone Usage on Quality of Sleep and Mental Health among mothers of Primary School Children, Nellore, A.P in a view to develop awareness pamphlet.

2. **PI(name&address):**

MrsThejovathi, Assoc. Prof
Child Health Nursing Dept
Narayana College of Nursing.
Narayana Medical College and Hospital Campus- Staff Quarters
ChinthareddyPalem, Nellore- 524003

3. **Co-PI(name&address)**

Co- Principal Investigator 1

Dr. Vanaja Kumari, Principal
Community Health Nursing
Narayana College of Nursing.
Narayana Medical College and Hospital Campus- Staff Quarters
Chinthareddypalem, Nellore- 524003.

Co-Principal Investigator 2

Dr. Smitha P.M
HOD of Mental Health Nursing
Narayana College of Nursing.
Narayana Medical College and Hospital Campus- Staff Quarters
Chinthareddypalem, Nellore- 524003.

4. **Dateofstart:** Proposal development started: 01.08.23
Project work started 16.10.23.

5. **Duration:** 2 years (16/10/23 to 16/10/25)
Submission of Final project 30/11/26

Dr. B. Anuraj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

6. Objectives of the proposal:

1. To assess the effect of frequent smart phone usage on the quality of sleep and poor mental health among primary school children.
2. To investigate the correlation between frequent smart phone use and quality of sleep among primary school children.
3. To investigate the correlation between frequent smart phone use and Poor mental health among primary school children.
4. To investigate the correlation between frequent smart phone use on quality of sleep and Poor mental health among primary school children.
5. To identify the association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

Hypotheses:

H01: There is no correlation between frequent smart phone use and quality of sleep among primary school children.

H1: There is a positive correlation between frequent smart phone use and quality of sleep among primary school children.

H02: There is no correlation between frequent smart phone use and poor mental health among primary school children.

H2: There is a correlation between frequent smart phone use and poor mental health among primary school children.

H03: There is no correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children

H3: There is a positive correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children.

H04: There will be no significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

Dr. B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddy palem,
NELLORE - 524 003

H4: There is a significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

7. Methodology:

In this study Qualitative research approach longitudinal research design will be used, 380 primary school children between the age group of 6 to 11 years will be recruited as sample by using lottery method of simple random sampling from major revenue areas like Atmakur, Lingasamudram, Kavali and Venkatachalem of Nellore. The quality of sleep and Poor mental health will be assessed by children sleep rating scale, self satisfactory scale and self index anxiety scale. Institutional Ethics clearance was obtained in the month of September 2023 the reference No: 02/NR/FFP/NCON/2023, sample survey was done in the month of January 2024 after development of awareness pamphlet planned to do data collection, once in four months planned periodic assessment in 2024 and 2025 to collect accurate data and data will analyzed by Descriptive Statistics: Frequency, percentage, Mean and Standard deviation Inferential Statistics: Correlation, Chi square and Paired t test. Planned to distribute awareness pamphlet which consist of effects of long term usage of mobile phones on children.

8. Interim modification of objectives / methodology (if any)

Operational Definitions

Longitudinal study

It refers that repeated observations of frequent smart phone usage on Quality of sleep and on poor mental health among primary school children over long period of time from 10-11-23 to 10-11-25.

Dr. D. Shreejith
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddyapalem,
NELLORE - 524 003

Effect

It refers to there will be a change due to frequent smart phone usage on quality of sleep and mental health among primary school children.

Smart phone

It refers to mobile phone that performs many of the functions of a computer, typically having a touch screen interface, internet access, and an operating system capable of running downloaded apps.

Quality of Sleep

It refers that as child satisfaction of the sleep experience recommended 9-12 hrs integrating aspects of sleep initiation, sleep maintenance, sleep quantity, and refreshment upon awakening.

Poor Mental Health

It refers that the primary child has the manifestations of loneliness, depressive symptoms, perceived stress, and low life satisfaction due to effect of frequent smart phone usage.

Mothers

In order to gather information on the mental health of children who are unable to give correct information to the investigator will select their mother as a sample who has children between the ages of 6 and 8 years.

Primary School Children:

Any child male or female, between the ages of six to eleven is considered as a primary school children. The researcher will use the mothers of the children aged 6 to 8 as a sample, and from the age of 8 years and 1 month to 11 years, the researcher will obtain data directly from the children.

Awareness Pamphlet:

It is a single sheet of paper with a trifold cover that includes the relevant information along with photographs about the negative effects of mobile phones on children's physical and mental health.

Dr. B. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Note: No changes made; I just wanted to draw your attention to the definition provided by the researcher for mothers and primary school children.

9. **Detail progress of the work carried out during the period under following heads (Title, Introduction, Rationale, Objectives, Methodology, Results, Translational Potential)**

Title:

A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet.

Introduction:

“Good habits formed in youth make all the difference.”

-Aristotle

Children are vital to the nation's present and its future. Parents, grandparents, aunts, and uncles are usually committed to providing every advantage possible to the children in their families, and to ensuring that they are healthy and have the opportunities that they need to fulfill their potential with free from addictions like frequent usage of smart phones, anti social activities and un healthy habits etc.¹ In the new era, the children are exposed to technology at younger ages than ever before. There are different types of radiations generated by mobile phones and wireless devices, microwave radiations, ionizing and non-ionizing radiations. Cell phones have non-ionizing radiations. Mobile phones send radio-frequency waves from its transmitting unit or antenna to nearby cell towers. When people make or receive a call, send or receive text, or use data, our phone receives radio-frequency waves to its antenna from cell towers.²

Dradhuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Most children use their smart phones before going to bed. They could either be staying up late talking to their friends or playing games, watching videos or just scrolling through social media. This mindless staring at smart phones at late hours over a period of time causes fatigue and restlessness, as using any electronic devices late at night can lead to reduced sleep timing. This is caused due to the emission of blue light, which all digital devices emit and are known to be harmful to our eyes, and also trick our brain into thinking that it is still daytime.³ Sleep is a physiological state of unawareness which is regulated homeostatically.⁴ Almost one-third of our lives are spent while sleeping.⁵ Sleep plays an important role in cognitive and physical functions, cellular toxin removal, disease prevention and restoration of both mind and body. Proper sleep is especially important for children and adolescents.⁶

The World Health Organization (WHO) published a series of recommendations to parents regarding the exposure of children of different age groups to digital technologies. Children under the age of 5 should not spend more than 60 minutes a day in passive activities in front of a smartphone, computer or TV screen. Children under 12 months of age should not spend even a minute in front of electronic devices. The goal is for boys and girls up to 5 years old to change electronics for physical activities or practices that involve interactions in the real world, such as reading and listening to stories with caregivers.⁵ These guidelines are part of the strategy for awareness on sedentary lifestyle and obesity by the Organization of United Nations (UN).⁷

Dr. B. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

New studies also suggest that an hour a day spent with their smartphones plays a significant part in the rise of depression and anxiety among children. An observational study showed that spending more than a few hours per week using electronic media correlated negatively with self-reported happiness, life satisfaction and self-esteem, whereas time spent on non screen activities (in-person social interactions, sports or exercise, print media, homework, religious services, working at a paid job) correlated positively with psychological well-being, among children.⁸

Hence this study is planned to assess the effect of frequent smart phone usage on quality of sleep and poor mental health among primary school children and to develop awareness pamphlet.

Rationale of the Study:

In India, an estimated 26 millions of children are born every year. As per Census 2011, the share of children (0-6 years) accounts 13% of the total population in the Country. The child health programme under the National Health Mission (NHM) comprehensively integrates interventions that improve child survival and addresses factors contributing to infant and under-five mortality.

Children are constitute one of the most vulnerable groups for practicing risky and addicted to bad habits. According to common sense media reported that 42 percent of kids have a phone by age 10. By age 12, it's 71 percent. By 14, it's 91 percent. According to a report released in 2017 by Common Sense Media spend the following amount of time each day using digital devices.

Dr. Rohini
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

- Kids under 2 years of age spend on average 42 minutes per day
- Kids ages 2 to 4: 2.5 hours per day
- Children ages 5 to 8: spend an average of nearly 3 hours per day
- For 8- to 12-year-olds, the average time spent using screen media every day was 4 hours and 36 minutes.¹²

Organizations around the globe like the American Academy of Pediatrics (AAP) and the World Health Organization (WHO) have suggested various screen limit guidelines.

According to the research conducted by Barna Group for Andy Crouch's book *The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place*:

- 64% of school age children watch television or movies after school, regardless of their age group.
- Almost half of kids age 9–17 play video games, 48% of children between 14 and 17 years spend their free time on social media or texting with friends.
- One in four teens spends time browsing online.

A cross-sectional study was conducted using a semi-structured questionnaire. The association of physical and mental health variables with the demographic variables was examined using Pearson's correlation and χ^2 -test. The binary logistic regression model was further used to predict the probabilities of negative impact on personality due to excessive use of cell phones. By Muhammad Daniyal. The study highlights a significant association between excess use of cell phones and negative effects on physical and mental health wellbeing.⁹

In India there is a general lack of literature which conclusively elaborates on the effects of technologies and the internet on the

psycho-social state of children. However, it should also be noted that the use and reach of mobile phones among children in India, like elsewhere in the world, is at an all time high. Unlike any other preceding generations, the present generation of children in India has been growing up with mobiles and smart devices since birth. With the advent of the COVID-19 pandemic, use of information and communication technology tools and video conferencing platforms, to compensate for classroom engagement, has witnessed rapid and widespread acceptance. Use of such devices by children is only going to increase in future.¹⁰

Good health is above wealth, but majority of us undermine our personal health, and become more careless about our children's mental and physical state day-by-day, caused by the excessive usage of cell phones. A recent survey found that 92% of world population has mobile phones today. Among which 31% admit that they never turn off their mobile phones. More than 90% of parents provide their kids cell phones, so they can easily keep in touch whenever they want to. As a result, the researcher designs this study to educate mothers and Primary school children about the negative effects of cell phone use and how to break the habit by using an awareness pamphlet to save the nation because today children are tomorrow citizens.

Objectives:

1. To assess the effect of frequent smart phone usage on the quality of sleep and poor mental health among primary school children.
2. To investigate the correlation between frequent smart phone use and quality of sleep among primary school children.
3. To investigate the correlation between frequent smart phone use

Dr. B. Raju
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

and Poor mental health among primary school children.

4. To investigate the correlation between frequent smart phone use on quality of sleep and Poor mental health among primary school children.

5. To identify the association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

Methodology:

Type of Research: Qualitative research

Study Design: Longitudinal research design

Study setting: The study will be carried out at atmakur, lingasamudram, kavali, venkatachalem these all major areas of 4 revenues of Nellore District, A.P.

Target Population: Primary school children between the age of 6-11 yrs.

Study Sample: Study participants will be primary school children between the age group of 6 to 11 years in selected areas of Nellore.

Sample size calculation:

Confidence level: 95%

Margin of error: 5%

Estimated Population: 20,000

Response distribution: 40%

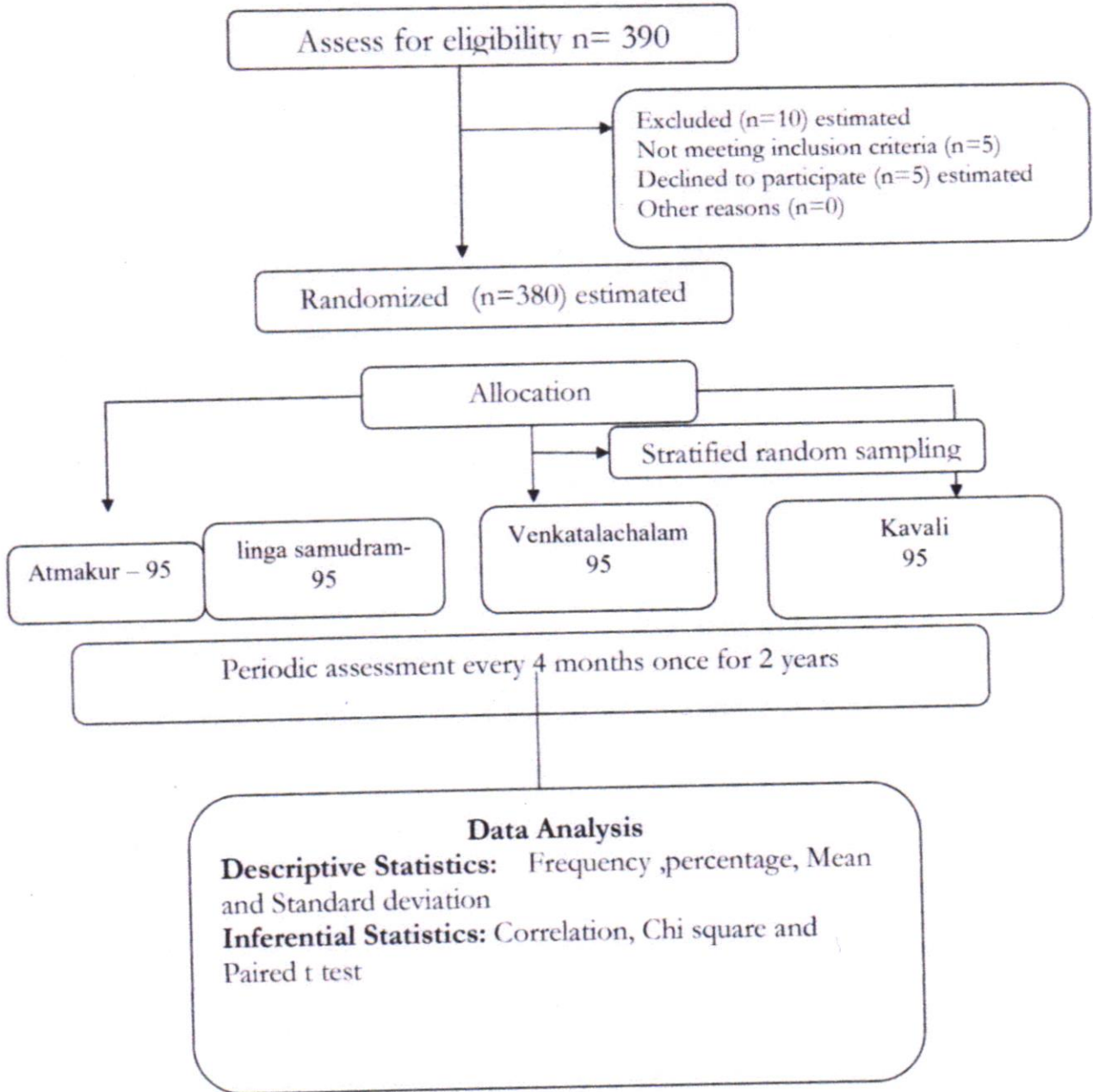
Assuming confidence interval 95%, Margin of error 5%, estimated population 20,000 and response distribution will be 40% by above the estimated sample size is 377.

Sample size is 377

Sampling technique: Simple random sampling technique.

Dr. B. Chinn
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CONSORT flow diagram of the three study groups.



O. B. Reddy
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

DEVELOPMENT AND DESCRIPTION OF TOOL:

The tool for data collection consists of two parts

PART-I:

SOCIO DEMOGRAPHIC DATA

This section consists of information about the demographic details of the study sample.

PART-II

SECTION-A

The Questionnaire consist of combination of Likert Type And Open-Ended Questions

The questionnaire consists of a combination of Likert type and open-ended questions (later converted to scaled scores using provided guidelines). Primary school age children will be asked to indicate how frequently they have experienced certain sleep difficulties over the past month and to rate their overall sleep quality. Scores for each question range from 0 to 3, with higher scores indicating more acute sleep disturbances.

The scale consist of 0-21 points

Score Interpretation:

S.no.	Score	Level of Sleep difficulty
1	0-29	No Sleep difficulty
2	29.1- 58.6	Moderate sleep difficulty
3	58.7-88	Severe Sleep difficulty

SECTION-B

CONSIST OF MAJOR DEPRESSION INVENTORY SCALE

The Scale consist of 10 items, each item scored as 0-5 likert scale, the raw score ranges from 0-50

DY. B. S. Prasad
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

confidentiality will be maintained throughout the study.

PLAN OF DATA ANALYSIS

Data entry and statistical analysis will be performed with the help of MS Excel and Jamovi software.

Statistics	Methods	Description
Descriptive statistics	Frequency, percentage, means, standard deviation.	To describe the demographic variables. To describe the average scores of periodic assessment
Inferential statistics.	Correlation coefficient	To investigate the correlation between <ul style="list-style-type: none">• Frequent usage of mobile and quality of sleep.• Frequent usage of mobile and poor mental health• Quality of sleep and Poor mental health
	Pairedt" test.	To compare the results of the periodic assessment of sleep quality, poor mental health
	Chi-square test	To analyze the association between the selected demographic variables with the scores periodic assessment.

O. B. Reddy
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

An average

AtmakurMandal : 5900

LingaSamudram: 4800

Kavali: 15000

Venkatachalam: 6900

Estimated primary school children population among selected revenues of Nellore: 19,100.

Not yet started Data collection.

Translational Potential:

- Based on future findings from the current study School teachers, school administrator, students and parents should be sensitizing on the influence of mobile phone usage on academic performance, physical and mental health among primary school children.
- Seminar, Conferences, Workshops should be planned in school, community areas on influence of mobile phone usage on academic performance, physical and mental health among primary school children to bring awareness among parents, students, teachers and stakeholders.
- Student should be sensitized and advised by the teachers, parents on the frequency or number of hours or time spent in mobile phone usage and its influence on academic performance, physical and mental health.

10. Research work which remains to be done under the project:

- Develop Awareness pamphlet.
- Selection of sample by simple random sampling.
- Reliability and validity of tool (Pilot study)
- Data Collection
- Data Analysis
- Results and Conclusion

Dr. B. Srinivas
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

11. **Applied value of the project:**

This study is to investigate the potential effects of frequent smart phone use on poor mental health (depressive symptoms, anxiety level, perceived stress, and low life satisfaction) and sleep quality in Primary school children. Raise awareness among parents of Primary school-aged children and teachers by distributing an awareness booklet. By doing so, we may encourage parents to share knowledge and lessen their tendency to use their phones excessively.

Like

1. Selected Parents → Neighbors, relatives, teachers and community leaders
2. Selected primary school children → friends
3. Community Leaders → Bring policies, develop workshops on effects of frequent usage of phones

12. **Any publications related to the project:**

No at present but planning to do publications in future before submission of final project to Dr.Y.S.R.U.H.S, Vijayawada.

13. **Any patents applied for:** No

Date:29-02-2024

Signature

Thajovathi

Designation: Associate Professor

Principal Investigator
Narayana College Of Nursing
Chinthareddypalem, Nellore-524003



D.V. Prasad
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

ANUEXURE-III

PART-I
DEMOGRAPHIC DATA

1. Age (years) _____
2. Age of Mother _____
3. Gender ()
 - a) Male
 - b) Female
4. Education ()
 - a) 1st standard
 - b) 2nd standard
 - c) 3rd standard
 - d) 4th standard
 - e) 5th standard
- 5) Schooling ()
 - a) Private school with state syllabus
 - b) CBSC schooling
 - c) International schooling
 - d) GOVT school.
- 6) Family Income ()
 - a) Up to 5,000
 - b) 5001-10,000
 - c) 10,0001-20,000
 - d) Above 20,000.
- 7) No.of Primary school children in the family ()
 - a) 1
 - b) 2
- 8) Smart phone usage ()
 - a) Yes
 - b) No
- 9) Smart phone usage at bedtime ()
 - a) Yes
 - b) No

Dr. B. Anji
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

10) Number of time smart phone has been used per day ()

- a) Once
- b) twice
- c) thrice
- d) more than thrice

11) Time spent using smart phone at once ()

- a) 15 Min
- b) 16 - 30 min
- c) 31 - 45 Min
- d) 46- 60 Min
- e) >60 min

12) Purpose of using smart phone ()

- a) Study
- b) Playing Games
- c) Watching purposeless videos
- d) Others

12) Area of using smart phone ()

- a) In school
- b) In Home
- c) In play ground
- d) Others

13. Spend time for physical Play()

- a) None
- b) 0- 30 min
- c) 31 min - 1 hr
- d) More than 1hr

Dr. B. Anuj
Principal

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ANUEXURE-IV

PART-II

Section- A

CHILDREN'S SLEEP HABITS QUESTIONNAIRE

The following statements are about your child's sleep habits and possible difficulties with sleep. Think about the past month in your life when you answer the questions. If last week was unusual for a specific reason, choose the most recent typical week. Unless noted, check Always if something occurs every night, Usually if it occurs 5 or 6 times a week, Sometimes if it occurs 2 to 4 times a week, Rarely if it occurs once a week, and

	7 times Always 4	5-6 times Usually 3	2-4 Sometimes 2	1 Rarely 1	0 Never 0
1. Child goes to bed at the same time at night.					
2. Child falls asleep within 20 minutes after going to bed.					
3. Child falls a sleep alone in own bed.					
4. Child falls asleep in parent's or sibling's bed.					
5. Child falls asleep with rocking or rhythmic movements.					
6. Child needs special object to fall a sleep(doll, special blanket, stuffed animal, etc.).					
7. Child needs parent in the room to fall asleep.					
8. Child resists going to bed at bedtime.					
9. Child is afraid of sleeping in the dark.					

Never if it occurs less than once a week.

BEDTIME

Write in your child's usual bed time :Week nights _____:_____ am/pm

Weekends _____:_____ am/pm

SLEEP BEHAVIOR

Write in your child's usual amount of sleep each day
(combining night time sleep and naps):

_____ hours and _____ minutes

D.V. Reddy
Principal

NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003

	7 Always	5-6 Usually	2-4 Sometimes	1 Rarely	0 Never
17. Child wakes up once during the night.					
18. Child wakes up more than once during the night.					
	7 Always 4	5-6 Usually 3	2-4 Sometimes 2	1 Rarely 1	0 Never 0
10. Child sleeps about the same amount each day.					
11. Child is restless and moves a lot during sleep.					
12. Child moves to someone else's bed during the night (parent, sibling, etc.).					
13. Child grinds teeth during sleep (your dentist may have told you this).					
14. Child snores loudly.					
15. Child awakens during the night and is sweating, screaming, and inconsolable.					
16. Child naps during the day.					
Write in the number of minutes the nap usually lasts: _____ minutes					

MORNINGWAKEUP

Write in the time child usually wakes up in the morning: Weekdays -----am/pm

Weekends----- am/pm

	7 Always	5-6 Usually	2-4 Sometimes	1 Rarely	0 Never
19. Child wakes up by him/herself.					
20. Child wakes up very early in the morning (or, earlier than necessary or desired).					
21. Child seems tired during the day time.					
22. Child falls asleep while involved in activities.					

D.V. Babu
Principal
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ANUEXURE-V

PART-II

Section-B

Self satisfaction Inventory Index scale

S.No	Howmuchofthetime...	All of the time 5	Most of the time 4	More than half of the time 3	Lessthanhalfof thetime 2	Someof thetime 1	Atnotime 0
1.	Have you felt in low spirits or sad?						
2.	Have you lost interest in your daily activities?						
3.	Have you felt lacking in energy and strength?						
4.	Have you felt less self-confident?						
5.	Have you had a bad conscience or feelings of guilt?						
6.	Have you felt that life wasn't worth living?						
7.	Have you had difficulty in concentrating, e.g. when reading the newspaper or watching television?						
8a.	Have you felt very restless?						
8b.	Have you felt subdued?						
9	Have you had trouble sleeping at night?						
10a	Have you suffered from reduced appetite?						
10b	Have you suffered from increased appetite?						

Dy. B. Anuj
Principal

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ANUEXURE-VI

Section-B

Self-Rating Anxiety Scale(SAS)

For each item below, please place a check mark (☐) in the column which best describes how often you felt or behaved this way during the past several days.

Place check mark (☐) in correct column.	A little of the time 1	Some of the time 2	Good part of the time 3	Most of the time 4
1 I feel more nervous and anxious than usual.				
2 I feel afraid for no reason at all.				
3 I get upset easily or feel panicky.				
4 I feel like I'm falling apart and going to pieces.				
5 I feel that everything is all right and nothing bad will happen.				
6 My arms and legs shake and tremble.				
7 I am bothered by headaches, neck and back pain.				
8 I feel weak and get tired easily.				
9 I feel calm and can sit still easily.				
10 I can feel my heart beating fast.				
11 I am bothered by dizzy spells.				
12 I have fainting spells or feel like it.				
13 I can breathe in and out easily.				
14 I get feelings of numbness and tingling in my fingers & toes.				
15 I am bothered by stomach aches or indigestion.				
16 I have to empty my bladder often.				
17 My hands are usually dry and warm.				
18 My face gets hot and blushes.				
19 I fall asleep easily and get a good night's rest.				
20 I have nightmares.				

Dr. B. Anji
 Principal
NARAYANA COLLEGE OF NURSING
 Chinthareddy palem,
 NELLORE - 524 003

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Dr. B. Srinivas
Principal
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Chinthareddypalem,
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Narayana college of Nursing, Principal.

For Whom : Self

B. Vanaja Kumari
W/o. Veerankar Reddy
Nellore

DECLARATION

We, Dr. Vanaja Kumari, B. Principal, Narayana College of Nursing, Nellore and Ms Thejovathi, Associate Professor, Narayana college of Nursing, Nellore (Principal investigator) declare that the project work will be conducted as per the rules and regulations/ Guidelines for faculty grant-2023 by Dr. YSRUHS issued on 07-08-2023. We assure that we will complete the project in the Timelines stipulated by the University for the completion of the project (January/2025) and utilize the grant for the project purpose only.

Project title: A Longitudinal study on effect of frequent smart phone usage on quality of sleep and mental health among mothers of primary school children, Nellore A.P in a view to develop awareness Pamphlet.

Yours faithfully

Thejovathi
Principal Investigator

Principal investigator
Narayana College Of Nursing
Chinthareddypalem, Nellore-524003

Dr. B. Vanaja
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

B. Vanaja
Principal

NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003

INSTITUTIONAL ETHICS COMMITTEE
NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore Ph : 0861 - 2317969; Fax : 0861 - 2311968
Reg. station Approved by : Centre: Drugs Standard Control Organization
Reg. No: EOP/1142/03/AP/2007 New Delhi, dated: 20 Feb 2020

03 Sep 2023

02/NR/FFP/NCON/2023

To

Mrs. Thejovathi, M.Sc.(N), Assoc. Prof
Dept. of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem, Nellore, Andhra Pradesh

Sub: Ethical Clearance Certificate, Ref No 02/NR/FFP/NCON/2023 - Reg.

The members of committee reviewed and discussed the study proposal entitled

“A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among mothers of Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet”.

Ethical committee has approved and none of the members voted against this study.

The present approval is valid only for three years, the investigator should take the re-approval after three years if any change, modification or deviation in the protocol or any event must be informed to the ethical committee and must apply for fresh IEC approval.



Member Secretary

IEC

Member Secretary

Institutional Ethics Committee
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Chairperson

IEC

Chairperson

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Principal

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Approved by the Government of Andhra Pradesh, Hyderabad

Website: www.narayana-college.com | e-mail: narayana_nursing@yahoo.com



DATE:08/11/2023

NELLORE

FROM,

G. Thejovathi (Principal Investigator)

Narayana College of Nursing,

Chinthareddy palem,

Nellore.

To,

The Registrar,

Dr. Ysr University of Health Sciences,

Vijayawada.

Respected sir/Madam,

Sub: Intimation regarding Joint Account opening.reg.

Sorry for the delayed response. This is for your kind information that we have started a new Joint Account in the State Bank of India, Nellore branch for the purpose of operating faculty research grant from DR.Y.S.R University.

Principal Investigator- G. Thejovathi,

Principal - B. Vanaja Kumari

Account No - 42422094715

IFSC CODE - SBIN0010686 ,

Address – State Bank of India, Ramalinga puram Branch, Nellore-524003.

This Account will be effective for the future transaction within effective from 07.11.2023.

Thanking you,



B. Vanaja Kumari
PRINCIPAL

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddy palem,
NELLORE - 524 003

**FACULTY
RESEARCH GRANT
RESEARCH
COMMITTEE**



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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2019-20/

2/1/2019

To,

Mrs. Anjani Devi N
Associate Professor
Dept of Mental Health Nursing
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Prevalence of anxiety and depressive symptoms among first degree relative's suicidal attempter's patients in tertiary care hospital at Nellore.”

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project on Prevalence of anxiety and depressive symptoms among first degree relative 's suicidal attempter' s patients in tertiary care hospital at Nellore. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**


Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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NCON/RESEARCH/ACD/2019-20/c2

21/12/2019

To,

Dr Rajeswari,
HOD of Mental Health nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**Impact of accelerated recovery program on compassion fatigue among nurses in South India.**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Impact of accelerated recovery program on compassion fatigue among nurses in South India. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

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Dr. R. R. R.
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NCON/RESEARCH/ACD/2020-21/03

4/3/2020

To,

Mrs. Anjani Devi Nelavala
HOD of Mental Health nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats.

Madam,

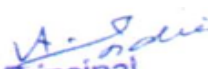
We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats. International Journal of Research in Pharmaceutical Sciences. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

- 3) Utilization Certificate - detailing how the grant was utilized.
- 4) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2020-21/04

07/03/2020

To,

Mrs. Anjani Devi Nelavala
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Antidiabetic effect of 2-(4-[(2-hydroxyacetylbenzyl)ketoamino]-phenyl amino-methyl)-hydrobenzophenon on Alloxan induced rats".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Antidiabetic effect of 2-(4-[(2-hydroxyacetylbenzyl)ketoamino]-phenyl amino-methyl)-hydrobenzophenon on Alloxan induced rats. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

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NCON/RESEARCH/ACD/2019-20/05

11/03/2020

To,

Dr Rajeswari,
HOD of Mental Health nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on“**Outcome of accelerated recovery program on occupational stress among nurses**”

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Outcome of accelerated recovery program on occupational stress among nurses. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2019-20/ 06

03/4/2020

To,

Mrs. Anjani Devi Nelavala
HOD of Mental Health nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “**Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats.**”

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats. International Journal of Research in Pharmaceutical Sciences. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**


Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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Principal
NARAYANA COLLEGE OF NURSING
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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2020-21/07

08/08//2020

To,

Dr. Arumugam Indira,
Principal,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study to Assess The Quality of Life Among Type2 Diabetes Mellitus Clients In Urban Area Of Tirupati."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study To Assess The Quality Of Life Among Type2 Diabetes Mellitus Clients In Urban Area Of Tirupati. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

S. S. S.
Chairperson
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NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003

Dr. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



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NCON/RESEARCH/ACD/2020-21/088

09/09/2020

To,

Mrs Viji A
Associate Professor
Obstetrical and Gynecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study to Assess the Prevalence of thyroid disorders among the obstetric mothers in NMCH, Nellore,".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A study to assess the prevalence of thyroid disorders among the obstetric mothers in NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. S. Sai
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Dr. Anuj
Principal
NARAYANA COLLEGE OF NURSING
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NCON/RESEARCH/ACD/2020-21/ 09

09/09/2020

To,

Dr Indira A, M.Sc.(N), Ph.D.
Principal/ Dept of Medical surgical Nursing
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**Knowledge on prevention of mosquito growth among adults.**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled knowledge on prevention of mosquito growth among adults .This funding is intended to meet part of the expenditures associated with your project.We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

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Dr. S. S. S.
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NCON/RESEARCH/ACD/2019-20/10

09/09/2020

To,

Dr Rajeswari,
Vice Principal,
HOD of Mental Health nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Effect of accelerated recovery program on recovery from secondary traumatic stress among nurses"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect of accelerated recovery program on recovery from secondary traumatic stress among nurses. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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Dr. B. S. S.
Principal
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NCON/RESEARCH/ACD/2020-21/ 11

09/09/2020

To,

Mrs. Anjani Devi Nelavala
Associate Professor
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study to Assess the knowledge on causes and complications of tetanus among adults in kamakshinagar at Nellore".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Astudy to assess the knowledge on causes and complications of tetanus among adults in kamakshinagar at Nellore. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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NCON/RESEARCH/ACD/2021-22/12

03/01/2021

To,

Mrs. Anjani Devi Nelavala
Associate Professor
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "**Knowledge of collecting a swab specimen in a tertiary care Hospital**".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled knowledge of collecting a swab specimen in a tertiary care Hospital. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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NCON/RESEARCH/ACD/2021-22/ 13

5/07/2021

To,

Mrs. Viji Alex
Dept of Obstetrics and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**Health Related Quality of Life (HRQoL) as Impinge of Functional mobility among elderly living in rural and urban Areas, Nellore.**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Health Related Quality of Life (HRQoL) as Impinge of Functional mobility among elderly living in rural and urban Areas, Nellore.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

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NCON/RESEARCH/ACD/2021-22/04

5/7/2021

To,

Dr. Arumugam Indira, Principal
HOD of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Quality of Life Among Type Two Diabetes Mellitus Clients in an Urban Area of Tirupati."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Quality of Life Among Type Two Diabetes Mellitus Clients in an Urban Area of Tirupati. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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2. Statement of Expenditure - outlining the expenses incurred.

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Dr. B. S. S.
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NCON/RESEARCH/ACD/2021-22/15

09/08/2021

To,

Mrs. K Kantha
Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Effect of VAT on Figure of Eight Walking among the Adults with hypertension"

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect of VAT on Figure of Eight Walking among the Adults with hypertension. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

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Congratulations on this achievement, and we look forward to your project's successful completion


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NCON/RESEARCH/ACD/2021-22/16

09/08/2021

To,

Mrs. T. Usha Kiran,
Dept of Obstetrical and Gynaecological nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Assess 3 I's (Instruction, Initiation, Improvement) as a Road Map to Breastfeeding Success among Postnatal Mothers at NMCH, Nellore, A.P, India."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Assess 3 I's (Instruction, Initiation, Improvement) as a Road Map to Breastfeeding Success among Postnatal Mothers at NMCH, Nellore, A.P, India. . This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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Congratulations on this achievement, and we look forward to your project's successful completion

A. S. Sai
Principal
NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003.

Dr. B. S. Sai
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
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S. S. Sai
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NCON/RESEARCH/ACD/2021-22/17

09/08/2021

To,

Dr Indira Arumugam,
Principal,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Study of Expectant Fathers' Prejudices and Practices vs. Pregnant Women's Pleasure related to Antenatal Care at OPD, NMCH, Nellore"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Study of Expectant Fathers' Prejudices and Practices vs. Pregnant Women's Pleasure related to Antenatal Care at OPD, NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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A. S. S. S.
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Dr. R. S. S.
Principal

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Chairperson

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NCON/RESEARCH/ACD/2023-24/18

15/12/2021

To,

Mrs Nathiya K
Associate Professor
Dept of Mental Health Nursing
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "THE HABITS AMONG HYPERTENSIVE PATIENTS OF SELECTED RURAL AREAS".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled the habits among hypertensive patients of selected rural areas. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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website: https://www.narayananursingcollege.com



NCON/RESEARCH/ACD/2021-22/49

2/01/2022

To,

MrsSmitha Poovathinkal Madhavan,
HOD of Mental Health nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“Assessment of Cognitive Behavior Therapy utility on emotional and social well beingness among women with surgical menopause.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Assessment of Cognitive Behavior Therapy utility on emotional and social well beingness among women with surgical menopause. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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D. S. S. S. S.
Principal
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Chairperson



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NCON/RESEARCH/ACD/2021-22/20

03/01/2022

To,

Dr.Arumugam Indira,
Principal
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**Effectiveness Of Self-Instructional Module (Sim) On Paternal Attitude Of Expectant Fathers And Maternal Satisfaction On Perinatal Outcome**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titledEffectiveness Of Self-Instructional Module (SIM) On Paternal Attitude Of Expectant Fathers And Maternal Satisfaction On Perinatal Outcome.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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NCON/RESEARCH/ACD/2021-22/21

03/01/2022

To,

Dr Arumugam Indira,
HOD of Medical Surgical nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Depression And Quality of Life Among Type-2 Diabetes Mellitus Patients: A Case Control Study"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Depression And Quality of Life Among Type-2 Diabetes Mellitus Patients: A Case Control Study. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2021-22/022

03/01/2022

To,

Mrs Viji Alex,
Dept of Obstetrical and gynaecological nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Sleep As Preamble of Optimal Health among Elderly Hypertensive Adults"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Sleep as Preamble of Optimal Health Among Elderly Hypertensive Adults. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2021-22/23

10/01/2022

To,

Mrs.Katari Kantha
Associate Professor
Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**Conceptual frame work on bundle care therapy on hypertension**”

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Conceptual frame work on bundle care therapy on hypertension. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/24 ?

8/3/2022

To,

Mrs. Katari Kantha
Associate Professor
Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Effect of VAT on Figure of Eight Walking among the Adults with Hypertension.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect of VAT on Figure of Eight Walking among the Adults with Hypertension. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

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Principal
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Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/20./25 '0.

09/03/2022

To,

Mrs T Ushakiran
HOD of Obstetrics and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Assess the Effectiveness of Self-Instructional Module on Early Initiation of Breast Practices among Postnatal Women in India"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Assess the Effectiveness of Self- Instructional Module on Early Initiation of Breast Practices among Postnatal Women in India. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

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Dr. B. Anny
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Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/263

9/3/2022

To,

Prof B Vanaja Kumari
HOD of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Critical Evaluation of Childhood exposure to various environmental Pollutants”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project on Critical Evaluation of Childhood exposure to various environmental Pollutants” This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

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Chinthareddypalem,
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Chinthareddypalem, Nellore-524003.



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e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

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NCON/RESEARCH/ACD/2021-22/275

4/4/2022

To,

Mrs. Vijji A
Associate Professor
Dept of Obstetrics and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Impact of Nurse Led Bundle Care Therapy on POP Symptoms among Women with Prolapsed Uterus"

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Impact of Nurse Led Bundle Care Therapy on POP Symptoms among Women with Prolapsed Uterus. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


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1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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NCON/RESEARCH/ACD/2022-23/28

1/7/2022

To,

Mrs. Katari Kantha
Associate Professor
Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Effect of Vat on BMI And Whr With Regard To Hypertensive Safety Bundle Care Therapy (HSBCT) Among The Adults With Hypertension”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect Of Vat On BMI And Whr With Regard To Hypertensive Safety Bundle Care Therapy (HSBCT) Among The Adults With Hypertension


. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


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NCON/RESEARCH/ACD/2023-24/29

09/08/2022

To,

Dr Arumugam Indira, Principal
HOD of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A study to assess the effectiveness of sleep promoting behavior among elderly with hypertension at Muthukur, Nellore,"

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A study to assess the effectiveness of sleep promoting behavior among elderly with hypertension at Muthukur, Nellore,.This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/30,

10/8/2022

To,

Mrs. Anjani Devi Nelavala
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Analysis of emotional symptoms of premature syndrome"

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Analysis of emotional symptoms of premature syndrome . This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


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2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

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NCON/RESEARCH/ACD/2022-23/315

22/8/2022

To,

Prof. Shanmuga Vadivu
HOD of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Quasi-Experimental Study to Assess the Effect of Swaddling on the Management of Pain During Heel Prick among Neonates Admitted in the Neonatal Intensive Care Unit at NMCH, Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Quasi-Experimental Study to Assess the Effect of Swaddling on the Management of Pain During Heel Prick among Neonates Admitted in the Neonatal Intensive Care Unit at NMCH, Nellore..This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. S. S. S.
Principal

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Dr. B. Anuj
Principal

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Chairperson

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NCON/RESEARCH/ACD/2022-23/32

09/09/2022

To,

Mrs.NasinaSubhashini,
Associate Professor,
Dept of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Strategies for improving oral health conditions in senior patients”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Strategies for improving oral health conditions in senior patients. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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Congratulations on this achievement, and we look forward to your project's successful completion

A. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003.

Dr. Babu
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

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Chairperson
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Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/33

9/9/2022

To,

Mrs. Smitha. PM
HOD of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Analysis of Prevention of Techniques for Post-Traumatic Stress Disorder”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Analysis of Prevention of Techniques for Post-Traumatic Stress Disorder. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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A. S. S. S.
Principal

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D. B. Anny
Principal

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Chairperson



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NCON/RESEARCH/ACD/2023-24/34

10/09/2022

To,

Prof Smitha P.M
HOD of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study to Assess the Knowledge of Documentation while Taking Care of Mentally Ill Patients among Staff Nurses in the Psychiatric Ward of the Narayana Medical College Hospital at Nellore, Andhra Pradesh"


Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Study to Assess the Knowledge of Documentation while Taking Care of Mentally Ill Patients among Staff Nurses in the Psychiatric Ward of the Narayana Medical College Hospital at Nellore, Andhra Pradesh. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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Chinthareddypalem, Nellore - 524003. A.P.

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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/35

10/9/2022

To,

Dr. Latha. A
HOD of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study to Assess the Effectiveness of Buteyko Breathing Exercise on respiration Outcome among Patients with COPD at NMCH, Nellore."

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study to Assess the Effectiveness of Buteyko Breathing Exercise on Respiration Outcome among Patients with COPD at NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


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NCON/RESEARCH/ACD/2022-23/36

10/09/2022

To,

Dr. Megilin Bose. C,
Professor
Dept of Obstetrical and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "Identification of the Environmental Factors that lead to high Infertility Rates among Woman"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Identification of the Environmental Factors that lead to high Infertility Rates among Woman. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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Congratulations on this achievement, and we look forward to your project's successful completion

A. S. S. S.
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Dr. B. S. S.
Principal
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NCON/RESEARCH/ACD/2022-23/37/

10/10/22

To,

Dr. Indira.A
Principal,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on“**History of Nursing and Their Role in Modern Healthcare**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project **History of Nursing and Their Role in Modern Healthcare**” This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
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NCON/RESEARCH/ACD/2022/23/38

15/12/2022

To,

MrsNathiya K,
Assoc Prof,
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**A Psychological Study into Therapy Practices That Can Help in Treating Addictions**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ **15,000** to support your research A Psychological Study into Therapy Practices That Can Help in Treating Addictions.This funding is intended to meet part of the expenditures associated with your project.We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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D. R. S.
Principal
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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayananursingcollege.com

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NCON/RESEARCH/ACD/2022-23/39

9/1/2023

To,

Nathiya K
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title **on Role of Violent Video Games in Aggression and Violent Behavior of Young Adults: Psychological Perspective**

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Role of Violent Video Games in Aggression and Violent Behaviour of Young Adults: Psychological Perspective. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. S. Saini
Principal
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Chinthareddypalem,
NELLORE - 524 003.

S. S. Saini
Chairperson
Institutional Ethics Committee
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Chinthareddypalem, Nellore-524003.

D. B. Saini
Principal
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NCON/RESEARCH/ACD/2022-23/

9/1/2023

To,

MrsNathiya. K, Assoc Prof
Dept of Mental HealthNursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title onA Psychological Study into the Virtues that are Important for aPsychiatric Nurse

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Psychological Study into the Virtues that are Important for aPsychiatric Nurse.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. S. S. S.
Principal
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NELLORE - 524 003.

DY. R. Anny
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

S. S. S.
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chairperson
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Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/40

9/1/2023

To,

Prof Smitha P.M
HOD of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on **Application of Ai Tools for Better Rehabilitation Purposes**

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Application of Ai Tools for Better Rehabilitation Purposes. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. S. S. S.
Principal
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D.V. B. Anny
Principal
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Chinthareddypalem,
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S. S. S.
Chairperson
Chairperson
Institutional Ethics Committee
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e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/41

9/1/2023

To,

Prof B Vanaja Kumari,
HOD of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**Pharmaco economic Studies of the Effect of Diabetes Treatment.**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Pharmaco economic Studies of the Effect of Diabetes Treatment.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

A. S. Reddy
Principal
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Chinthareddypalem,
NELLORE - 524 003.

DYB Anny
Principal
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Chinthareddypalem,
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S. S. Reddy
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
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e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/42

3/1/2023

To,

Dr Anjani Devi Nelavala
HOD of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on **Phytochemical Analysis and Antimicrobial Activity of Atlantia Monophylla (AM) Extract**

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Phytochemical Analysis and Antimicrobial Activity of Atlantia Monophylla (AM) Extract. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


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Chairperson
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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/43

19/1/2023

To,

Mrs Somesula Suchitra,
Associate Professor,
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title “Establishing the Relationship between Adolescents' Mental Health and Family Culture”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled “Establishing the Relationship between Adolescents' Mental Health and Family Culture” This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion.

**Chairperson
Chairperson**

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Principal
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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/44

10/09/2023

To,

Prof B. Vanaja Kumari,
HOD of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Study to Assess the Knowledge Regarding Home Care Management of Selected Climate Change-Related Diseases among Nursing Students in Selected Nursing Colleges, Nellore”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your project A Study to Assess the Knowledge Regarding Home Care Management of Selected Climate Change-Related Diseases among Nursing Students in Selected Nursing Colleges, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Vanaja
Principal

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S. S. S.
Chairperson
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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/45/

10/09/2023

To,

Dr. Latha. A
HOD of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Descriptive Study to Assess the Knowledge on Prevention and Homecare Management of Lung Cancer Among Smokers in Selected Villages, Nellore."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Descriptive Study to Assess the Knowledge on Prevention and Homecare Management of Lung Cancer Among Smokers in Selected Villages, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Chairperson
Chairperson

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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayananursingcollege.com

website: https://www.narayananursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 46

10/09/2023

To,

Prof Latha. A
HOD of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study to Assess the Effectiveness of Hot Water Foot Bath Therapy on the Quality of Sleep among the Elderly at Narayana Medical College and Hospital, Nellore."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study to Assess the Effectiveness of Hot Water Foot Bath Therapy on the Quality of Sleep among the Elderly at Narayana Medical College and Hospital, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Chairperson

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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 47

10/09/23

To,

Prof. Shanmuga Vadivu
HOD of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on“**A Study to Assess the Effectiveness of Cluster Care on Physiological Parameters among Preterm Newborns Admitted in NICU at NMCH, Nellore.**”

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Study to Assess the Effectiveness of Cluster Care on Physiological Parameters among Preterm Newborns Admitted in NICU at NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion


Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
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Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/48

10/09/2023

To,

Prof B. Vanaja Kumari,
HOD of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Study on Assessment of Perception of Nursing Students towards Utilization of Community Health Nursing Bag in selected Nursing colleges, Nellore."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Study on Assessment of Perception of Nursing Students towards Utilization of Community Health Nursing Bag in selected Nursing colleges, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Chairperson
Chairperson

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Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

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NCON/RESEARCH/ACD/2023-24/49

9/1/2024

To,

Mrs Thejovathi,
Dept of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Descriptive Study on Emergency Cases During Pre, Intra and Post COVID 19 Pandemic Reported at Tertiary Care Hospital,” Nellore, Andhra Pradesh

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Descriptive Study on Emergency Cases During Pre, Intra and Post COVID 19 Pandemic Reported at Tertiary Care Hospital, Nellore, Andhra Pradesh. A Randomized Control Trail”. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

**Chairperson
Chairperson**

Institutional Ethics Committee
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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayananursingcollege.com

website: <https://www.narayananursingcollege.com>



NCON/RESEARCH/ACD/2023-24/ 50

9/1/2024

To,

Prof P Shanmugavadivu
HOD of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on “Effect of Garlic Therapy on Blood Pressure among the patients with Hypertension in selected Area, Nellore, A Randomized Control Trail.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled " Effect of Garlic Therapy on Blood Pressure among the patients with Hypertension in selected Area, Nellore, A Randomized Control Trail". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

**Chairperson
Chairperson**

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.

Dy. B. Chinnji
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/51

9/1/2024

To,

Mrs. Thejovathi,
Associate Professor,
Dept of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Psychological Distress in parents of children with cancer: A Descriptive Cross- Sectional Study”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Psychological distress in parents of children with cancer: A descriptive cross- sectional study. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

**Chairperson
Chairperson**

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/52

5/3/2024

To,

Dr V Kumari, M.Sc.(N), Ph.D.

HOD of Obstetrics and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Quasi Experimental Study to Assess the Effectiveness of Self Instructional Pamphlet on Knowledge and Practice regarding Breast Feeding Techniques Among Primi Post Natal Mothers.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹25,000 to support your research project titled " A Quasi Experimental Study to Assess the Effectiveness of Self Instructional Pamphlet on Knowledge and Practice regarding Breast Feeding Techniques among Primi Post Natal Mothers". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

D. S. Reddy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

S. S. Reddy

Chairperson

Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/53 -

5/3/2024

To,

Dr Katari Kanth, M.Sc.(N), Ph.D.

Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on “A Pre Experimental Study to Assess the Effectiveness of Education and Early Ambulation on Preventing Postoperative Urinary Retention Among Selected Postoperative Patients at Selected Hospital, Nelloredistrict,Andhra Pradesh,India.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹25,000 to support your research project titled " A Pre Experimental Study to Assess the Effectiveness of Education And Early Ambulation on Preventing Postoperative Urinary Retention Among Selected Postoperative Patients at Selected Hospital, Nelloredistrict,Andhra Pradesh,India". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Chinn
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson

Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/54

5/3/2024

To,

Mrs G. Pavithra, M.Sc.(N).
Associate Professor
Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Quasi Experimental Study to Assess the Effectiveness of Ophthalmic Exercises on Visual Discomfort among Computer Operators in Selected Educational Institutions, Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Quasi Experimental Study to Assess the Effectiveness of Ophthalmic Exercises on Visual Discomfort among Computer Operators in Selected Educational Institutions, Nellore.". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. Babu
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson

Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 55

5/3/2024

To,

Mrs T Lalitha Kumari, M.Sc.(N).
Associate Professor
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Quasi Experimental Study to assess the Effectiveness of Interactive Learning on Knowledge regarding Hazards of Plastic Usage and It’s Safe Disposal among College Students in Selected Colleges of Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Quasi Experimental Study to assess the Effectiveness of Interactive Learning on Knowledge regarding Hazards of Plastic Usage and It’s Safe Disposal among College Students in Selected Colleges of Nellore”. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dy. Principal
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Chairperson

Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/56

5/3/2024

To,

Mrs K Nathiya, M.Sc.(N).
Associate Professor
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on “A Descriptive Study to Assess the Satisfaction with their lives Among Transgenders at Selected Rural Communityareas Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Descriptive Study to Assess the Satisfaction With Their Lives Among Transgenders At Selected Rural Community areas ,Nellore." This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Chinnay
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson

Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/57

5/3/2024

To,

Mrs Prathima Vayyuru, M.Sc.(N).
Associate Professor
Dept of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A True Experimental study to assess the Effectiveness of Warm Massage on Restless Leg Syndrome among Clients with Diabetes Mellitus in selected Hospitals at Nellore, Andhra Pradesh.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A True Experimental study to assess the Effectiveness of Warm Massage on Restless Leg Syndrome among Clients with Diabetes Mellitus in selected Hospitals at Nellore, Andhra Pradesh.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. R. Srinivas
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson
Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/58

5/3/2024

To,

Dr Megiline Bose, M.Sc.(N), Ph.D.
Professor
Dept of Obstetrics and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Descriptive Study to Assess the Knowledge and Attitude Regarding Rabies and it’s Control among Dog owners in Selected Community Area, Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Descriptive Study to Assess the Knowledge and Attitude Regarding Rabies and it’s Control among Dog owners in Selected Community Area, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003,



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayananursingcollege.com

website: https://www.narayananursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 59,

5/3/2024

To,

Mrs G Thejovathi, M.Sc.
Dept of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Retrospective Study to Assess the Obstructive Sleep Apnea A Risk Factor for Cardiovascular Disorders among Cardiovascular Patients at Selected Hospital, Nellore”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Retrospective Study to Assess the Obstructive Sleep Apnea A Risk Factor for Cardiovascular Disorders among Cardiovascular Patients at Selected Hospital, Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Anny
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003,

[Signature]

Chairperson
Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/(60)

5/3/2024

To,

Prof T UshaKiran, M.Sc.(N)
Dept of Obstetrics and Gynaecological Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on “AQuasi-Experimental Study to Assess the Effectiveness of an Educational Booklet on Behavioural Change Communication Regarding Pubertal Changes and Menarche Among Pre Adolescent Girls at Selectedschools in Nellore”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Quasi-Experimental Study to Assess the Effectiveness of an Educational Booklet on Behavioural Change Communication Regarding Pubertal Changes And Menarche Among Pre Adolescent Girls at Selected schools in Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Chinnay
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson

Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/61

5/3/2024

To,

Prof P Shanmugavadivu, M.Sc.(N)
Dept of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “Pre Experimental Study to Assess the Effectiveness of Buteyko Breathing Technique on Peak Expiratory Flow Rate among Patients with Bronchial Asthma at Selected Hospitals, Nellore”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "PreExperimental Study to Assess the Effectiveness of Buteyko Breathing Technique on Peak Expiratory Flow Rate among Patients with Bronchial Asthma at Selected Hospitals, Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. S. Srinivas
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/62 |

5/3/2024

To,

Dr A Latha, M.Sc.(N), Ph.D.
Dept of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Descriptive Study to Assess the Knowledge on the Health Effects of Junk Food among Self Help Group (Ladies) Members in a Selected Urban Community Area of Nellore”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Descriptive Study to Assess the Knowledge on the Health Effects of Junk Food among Self Help Group (Ladies) Members in a Selected Urban Community Area of Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Chinnai
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson
Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/632

5/3/2024

To,

Dr B Vanaja Kumari, M.Sc.(N), Ph.D.
Prof & HOD of Community Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject:Financial support for Research title on “A Study to Assess the Effectiveness of Structured Teaching Program on Knowledge Regarding Mirror Therapy in Stroke Rehabilitation among Staff Nurses at Selected Hospital, Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Study to Assess the Effectiveness of Structured Teaching Program on Knowledge Regarding Mirror Therapy in Stroke Rehabilitation among Staff Nurses at Selected Hospital, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Vanaja Kumari
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/64.3

5/3/2024

To,

Dr Anjani Devi Nelavala, M.Sc.(N), Ph.D.
Prof & HOD of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Prospective Study to Assess the Knowledge and Practice of Road Safety Regulations among School Children in a Selected Rural Community Area in Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Prospective Study to Assess the Knowledge and Practice of Road Safety Regulations among School Children in a Selected Rural Community Area in Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Chinnay
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Dr. B. Chinnay
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/65

5/3/2024

To,

Mrs E Kannagi, M.Sc.(N)
Prof & Dept of Child Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A Quasi Experimental Study to Assess the Effectiveness of Hand Me an Isobar Learning Technique on Level of Safe Nursing Practiceduring Shift To Shift Handover among Staff Nurses Working in Selected Hospital, Nellore."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Quasi Experimental Study to Assess the Effectiveness of Hand Me an Isobar Learning Technique on Level of Safe Nursing Practice during Shift to Shift Handover among Staff Nurses Working in Selected Hospital, Nellore."

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Anny
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]

Chairperson
Chairperson

Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 66

5/3/2024

To,

Mrs N Subhashini, M.Sc.(N)
Associate Professor
Dept of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on “A Descriptive Study to Assess the Emotional Distress and It's Control Amongtransgendersat Selected Areas, Nellore.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Descriptive Study to Assess the Emotional Distress and It's Control Among transgenders at Selected Areas, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

S. Srinivas
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/673

9/1/2024

To,

Dr. Latha. A
HOD of Medical Surgical Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title “**onA Study to Assess The Effectiveness of IEC on Menopausal Symptoms and perceptions among menopausal Women At Veenkatachalam, Nellore.**”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study to Assess The Effectiveness of IEC on Menopausal Symptoms and perceptions among menopausal Women At Venkatachalam, Nellore.

This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. R. Anji
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

S. S. S.
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 68

07/11/2023

To,

Anjani Devi Nelavala
Assoc Prof,
Dept of Mental Health Nursing,
Narayana College of Nursing,
Chinthareddypalem,
Nellore-524003, AP

Subject: Financial support for Research title on "A comparative study of anti-anxiety properties of ethanolic and aqueous extracts of Ocimum sanctum in animal models"

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project A comparative study of anti-anxiety properties of ethanolic and aqueous extracts of Ocimum sanctum in animal models. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

Congratulations on this achievement, and we look forward to your project's successful completion

Dr. B. Chamy
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

S. S. S.
Chairperson
Chairperson
Institutional Ethics Committee
NARAYANA COLLEGE OF NURSING
Chinthareddypalem, Nellore-524003.

**UTILIZATION
CERTIFICATES**



NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawad

e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

UTILIZATION CERTIFICATE

1. **Title of the Project:** Prevalence of anxiety and depressive symptoms among first degree relative 's suicidal attempter' s patients in tertiary care hospital at Nellore.
2. **File No:** NCON/RESEARCH/ACD/2019-20/ 01
3. **Date of grant:** 2/1/2019
4. **Date of Completion of project:** May- 2019
5. **Name of the Principal Investigator(s):** Mrs. Anjani Devi N
6. **Implementing Department(s):** Mental Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 12,000
9. **Balance Amount Available:** 3000
10. **Out Come of the Project:**Published article in International journal of Applied research

<https://www.allresearchjournal.com/archives/?year=2019&vol=5&issue=12&part=D&ArticleId=6364>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 02/01/2019 **Rs 12,000** has been utilized for the purpose for which it was sanctioned, Rs 3000 was remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N Anjani devi

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



D. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



NARAYANA COLLEGE OF NURSING

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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

UTILIZATION CERTIFICATE


1. **Title of the Project:** Impact of accelerated recovery program on compassion fatigue among nurses in South India.
2. **File No:** NCON/RESEARCH/ACD/2019-20/ 02
3. **Date of grant:** 21/12/2019
4. **Date of Completion of project:** April 2020
5. **Name of the Principal Investigator(s):** Dr. DrRajeswari H
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://pmc.ncbi.nlm.nih.gov/articles/PMC7299415/>

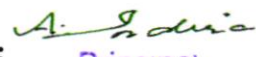
DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 21/12/2019 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.


Name & Signature of PI(s): 

Name & Signature of Principal (with Seal):


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003


CHARTERED ACCOUNTANT




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

UTILIZATION CERTIFICATE

- Title of the Project:** Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats. International Journal of Research in Pharmaceutical Sciences.
- File No:** NCON/RESEARCH/ACD/2020-21/ 03
- Date of grant:** 4/03/2020
- Date of Completion of project:** Sep 2020
- Name of the Principal Investigator(s):** Mrs. Anjani Devi Nelavala,
- Implementing Department(s):** Medical surgical nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available:**
- Out Come of the Project:** Published article in International Journal of Research in Pharmaceutical Sciences

<https://ijrps.com/home/article/view/2119>

DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana Nursing Collegedated 04/03/2020 Rs 15,000 has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N. Anjani devi

Name & Signature of Principal (with Seal):

A. S. Devi
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTERED ACCOUNTANT



S. Suresh Kumar
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

UTILIZATION CERTIFICATE

1. **Title of the Project:** Outcome of accelerated recovery program on occupational stress among nurses.
2. **File No:** NCON/RESEARCH/ACD/2020-21/04
3. **Date of grant:** 11/03/2020
4. **Date of Completion of project:** April 2021
5. **Name of the Principal Investigator(s):** DrRajeswari,
6. **Implementing Department(s):** Mental health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:** Published study in below link journal

<https://www.cochranelibrary.com/central/doi/10.1002/central/CN-02095734/full>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 11/03/2020 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

Principal
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NELLORE - 524 003

CHARTED ACCOUNTANT



Principal
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Chinthareddypalem,
NELLORE - 524 003.



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UTILIZATION CERTIFICATE

- Title of the Project:** Antidiabetic effect of 2-(4-[(2-hydroxyacetylbenzyl)ketoamino]-phenyl amino-methyl)- hydrobenzophenon on Alloxan induced rats.
- File No:** NCON/RESEARCH/ACD/2020-21/05
- Date of grant:** 07/03/2020
- Date of Completion of project:** Oct - 2020
- Name of the Principal Investigator:** Mrs. Anjani Devi Nelavala
- Implementing Department:** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available**
- Out Come of the Project:** Published article in international journal of pharmaceutical sciences.

<https://ijrps.com/home/article/view/2241/8537>

DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana Nursing Colledge dated 07/03/2020 Rs 15,000 has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Anjani
nt Anjani devi

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. Devi
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. S. Devi
Principal
NARAYANA COLLEGE OF NURSING,
Chinthareddypalem,
NELLORE - 524 003



☎ 0861-2317969 Extn. 2464
2317968 Extn. 2464
Fax : 0861-2311968

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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

UTILIZATION CERTIFICATE

- Title of the Project:** Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats. International Journal of Research in Pharmaceutical Sciences.
- File No:** NCON/RESEARCH/ACD/2023-24/06
- Date of grant:** 03/4/2020
- Date of Completion of project:** Nov-2020
- Name of the Principal Investigator(s):** Mrs. Anjani Devi Nelavala,
- Implementing Department(s):** Medical surgical nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available**
- Out Come of the Project:** published Article in below link Journal

<https://ijrps.com/home/article/view/2119>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 02/02/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N Anjani devi

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTERED ACCOUNTANT



Dr. R. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

UTILIZATION CERTIFICATE

1. **Title of the Project:** A Study To Assess The Quality Of Life Among Type2 Diabetes Mellitus Clients In Urban Area Of Tirupati.
2. **File No:** NCON/RESEARCH/ACD/2020-21/07
3. **Date of grant:** 08/08/2020
4. **Date of Completion of project:** January 2021
5. **Name of the Principal Investigator(s):** Dr. Arumugam Indira
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 13000
9. **Balance Amount Available** 2000
10. **Out Come of the Project:** published in below link Journal

<https://njcmindia.com/index.php/file/article/view/1564>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 08/08/2020 **Rs 13,000** has been utilized for the purpose for which it was sanctioned, Rs 2000 was remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Indira*

Name & Signature of Principal (with Seal):

A. Indira
Principal,
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

CHARTED ACCOUNTANT



Dr. B. Anji
Principal,
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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UTILIZATION CERTIFICATE

1. **Title of the Project:** A Knowledge on Nursing Management Regarding Renal transplant among nurses.
2. **File No:** NCON/RESEARCH/ACD/2020-21/ 08
3. **Date of grant:** 09/09/2020
4. **Date of Completion of project:** March 2022
5. **Name of the Principal Investigator(s):** Mrs.Katari Kantha
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 13,000
9. **Balance Amount Available:** 2000
10. **Out Come of the Project:**

<https://www.jetir.org/papers/JETIR2103190.pdf>

DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana College of Nursing dated 09/09/2020 Rs 13,000, has been utilized for the purpose for which it was sanctioned, Rs 2000 was utilized at the time of publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Kantha*

[Signature]
CHARTED ACCOUNTANT

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Dr. B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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UTILIZATION CERTIFICATE

- Title of the Project:** A study to assess the knowledge on causes and complications of tetanus among adults in Kamakshi Nagar at Nellore.
- File No:** NCON/RESEARCH/ACD/2020-21/ 09
- Date of grant:** 09/09/2020
- Date of Completion of project:** February 2021
- Name of the Principal Investigator(s):** Mrs.Anjani Devi Nelavala
- Implementing Department(s):** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:**Rs 14,000
- Balance Amount Available:** 1000
- Out Come of the Project:** Article was Published

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/09/2020 **Rs 14,000** has been utilized for the purpose for which it was sanctioned, Rs 1000 was utilized at the lime of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

AN *Anjani devi*

Name & Signature of Principal (with Seal):

A. J. Devi
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

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O. R. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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UTILIZATION CERTIFICATE

1. **Title of the Project:** knowledge on prevention of mosquito growth among adults
2. **File No:** NCON/RESEARCH/ACD/2020-21/10
3. **Date of grant:** 09/09/2020
4. **Date of Completion of project:** Feb 2021
5. **Name of the Principal Investigator(s):** Dr Indira A
6. **Implementing Department(s):** Community Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 14,500
9. **Balance Amount Available:** Rs 500
10. **Out Come of the Project:** Published in below link journal

<https://www.envirobiotechjournals.com/PR/v40i32021/Poll%20Res-11.pdf>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/09/2020, **Rs 14,500** has been utilized for the purpose for which it was sanctioned, Rs.500 was utilized at the time of publication

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Indira*

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



D. R. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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Accredited by "International Accreditation Organization (IAO)"

website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in



UTILIZATION CERTIFICATE

1. **Title of the Project:** A study to assess the prevalence of thyroid disorders among the obstetric mothers in NMCH, Nellore.
2. **File No:** NCON/RESEARCH/ACD/2020-21/11
3. **Date of grant:** 09/09/2020
4. **Date of Completion of project:** Feb 2021
5. **Name of the Principal Investigator(s):** Mrs Viji A
6. **Implementing Department(s):** Obstetrical and gynaecological nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 12,000
9. **Balance Amount Available:** 3000
10. **Out Come of the Project:** Published study in below journal Link

<https://www.allresearchjournal.com/archives/2021/vol7issue3/PartF/7-3-87-517.pdf>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/09/2020 **Rs 12,000**, has been utilized for the purpose for which it was sanctioned, Rs 3000 Remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Viji A

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

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Dr. B. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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UTILIZATION CERTIFICATE

1. **Title of the Project:** Effect of accelerated recovery program on recovery from secondary traumatic stress among nurses.
2. **File No:** NCON/RESEARCH/ACD/2020-21/ 12
3. **Date of grant:** 09/09/2020
4. **Date of Completion of project:** April 2021
5. **Name of the Principal Investigator(s):** DrRajeswari,
6. **Implementing Department(s):** Mental health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:** Published study in Journal of Nursing and Midwifery Studies

https://nmsjournal.kaums.ac.ir/article_129890_ff2a6cb421de0d2f1e05af4934f2acaf.pdf

DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana college of Nursing dated 09/09/2020 Rs 15,000 has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. Rajeswari
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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UTILIZATION CERTIFICATE

1. **Title of the Project:** The habits among hypertensive patients of selected rural areas.
2. **File No:** NCON/RESEARCH/ACD/2020-21/13
3. **Date of grant:** 15/12/2020
4. **Date of Completion of project:** May 2021
5. **Name of the Principal Investigator(s):** Mrs Nathiya K
6. **Implementing Department:** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 12000
9. **Balance Amount Available:** 3000
10. **Out Come of the Project:** Published in Journal of Emerging Technologies and Innovative Research

<https://www.jetir.org/papers/JETIR2105101.pdf>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 15/12/2020 **Rs 12,000** has been utilized for the purpose for which it was sanctioned, Rs 3000 was remains, it was utilized at the time of publications.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.


Name & Signature of PI(s):

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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UTILIZATION CERTIFICATE

1. **Title of the Project** Health Related Quality of Life (HRQoL) as Impinge of Functional mobility among elderly living in rural and urban Areas, Nellore.
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 14
3. **Date of grant:** 5/7/2021
4. **Date of Completion of project:** Jan 2022
5. **Name of the Principal Investigator(s):** Mrs.Viji Alex
6. **Implementing Department(s):** Mental Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available**
10. **Out Come of the Project:** Published in below link Journal

https://www.researchgate.net/publication/366635111_Health_Related_Quality_of_Life_HRQoL_as_Impinge_of_Functional_Mobility_Among_Elderly_Living_in_Rural_and_Urban_Areas_Nellore_AP_-_Comparative_Study

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 05/07/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Viji A*

Name & Signature of Principal (with Seal): *A. S. S. S. S.*
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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UTILIZATION CERTIFICATE

- Title of the Project:** Quality of Life Among Type Two Diabetes Mellitus Clients in an Urban Area of Tirupati.
- File No:** NCON/RESEARCH/ACD/2021-22/ 15.
- Date of grant:** 5/7/2021
- Date of Completion of project:** Jan 2022
- Name of the Principal Investigator(s):** Dr.Armugham Indira
- Implementing Department(s):** Medical Surgical nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred :**Rs 15,000
- Balance Amount Available**
- Out Come of the Project:** Published in below Link Journal

https://medic.upm.edu.my/upload/dokumen/2022022312094346_1254.pdf

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 05/07/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Indira

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



NARAYANA
COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in



UTILIZATION CERTIFICATE

1. **Title of the Project:** Study of Expectant Fathers' Prejudices and Practices vs. Pregnant Women's Pleasure related to Antenatal Care at OPD, NMCH, Nellore
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 16
3. **Date of grant:** 09/08/2021
4. **Date of Completion of project:** Jan 2022
5. **Name of the Principal Investigator(s):** Dr Indira A
6. **Implementing Department(s):** Obstetrical and Gynaecological Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:** _
10. **Out Come of the Project:** Published

https://medic.upm.edu.my/upload/dokumen/2022012610335928_1261.pdf

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/08/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Indira

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTERED ACCOUNTANT



Dr Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in



UTILIZATION CERTIFICATE


1. **Title of the Project:** Assess 3 I's (Instruction, Initiation, Improvement) as a Road Map to Breastfeeding Success among Postnatal Mothers at NMCH, Nellore, A.P, India.
2. **File No:** NCON/RESEARCH/ACD/2023-24/17
3. **Date of grant:** 09/08/2021
4. **Date of Completion of project:** January 2022
5. **Name of the Principal Investigator(s):** Mrs T. Usha Kiran
6. **Implementing Department(s):** Obstetrical and Gynaecological nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:** -
10. **Out Come of the Project:**

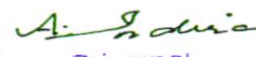
https://medic.upm.edu.my/upload/dokumen/2022012610350330_1265.pdf

DECLARATION CERTIFICATE


Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 10/08/2021, **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): 

Name & Signature of Principal (with Seal): 
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.


CHARTERED ACCOUNTANT



Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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UTILIZATION CERTIFICATE

1. **Title of the Project:** Effect of VAT on Figure of Eight Walking among the Adults with hypertension
2. **File No:** NCON/RESEARCH/ACD/2021-22/18
3. **Date of grant:** 09/08/2021
4. **Date of Completion of project:** January 2022
5. **Name of the Principal Investigator(s):** Mrs. K Kantha
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:** Study was Published in below link article

https://www.neuroquantology.com/open-access/Effect+of+VAT+on+Figure+of+Eight+Walking+among+the+Adults+with++Hypertension_4499/?download=true


DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/08/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned, Rs 1000 remains it was utilized at the time of Publication.


Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): 


CHARTED ACCOUNTANT

Name & Signature of Principal (with Seal): 
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA
COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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UTILIZATION CERTIFICATE

1. **Title of the Project:** A study to assess the effectiveness of sleep promoting behavior among elderly with hypertension at Muthukur, Nellore,
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 19
3. **Date of grant:** 9/8/2021
4. **Date of Completion of project:** January 2022
5. **Name of the Principal Investigator(s):** Dr.Arumugam Indira
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:** The study was published in below link Journal

<https://www.researchgate.net/publication/366876918>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/08/2021, **Rs 14,000** has been utilized for the purpose for which it was sanctioned, Rs 1000 was remains it was utilized at the time of publications

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Indira*

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

[Signature]
CHARTED ACCOUNTANT



Dr. B. Anji
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Assessment of Cognitive Behavior Therapy utility on emotional and social well beingness among women with surgical menopause.
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 20
3. **Date of grant:** 02/01/2022
4. **Date of Completion of project:** May 2022
5. **Name of the Principal Investigator(s):** MrsSmitha Poovathinkal Madhavan
6. **Implementing Department(s):** Mental Health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:** Published in below link journal

https://www.researchgate.net/publication/359476454_Assessment_of_Cognitive_Behaviour_Therapy_utility_on_emotional_and_social_well_beingness_among_women_with_surgical_menopause

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 02/01/2022Rs **15,000**has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

A. S. Divya

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

[Signature]

CHARTERED ACCOUNTANT



[Signature]

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



UTILIZATION CERTIFICATE


1. **Title of the Project:** Assessment of Cognitive Behavior Therapy utility on emotional and social well beingness among women with surgical menopause.
2. **File No:** NCON/RESEARCH/ACD/2021-22/21
3. **Date of grant:** 02/01/2022
4. **Date of Completion of project:** May 2022
5. **Name of the Principal Investigator(s):** MrsSmitha Poovathinkal Madhavan
6. **Implementing Department(s):** Mental Health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:** Published in below link journal

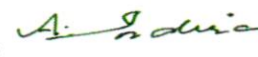
https://www.researchgate.net/publication/359476454_Assessment_of_Cognitive_Behaviour_Therapy_utility_on_emotional_and_social_well_beingness_among_women_with_surgical_menopause

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 02/01/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned


Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): 

Name & Signature of Principal (with Seal): 
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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UTILIZATION CERTIFICATE

1. **Title of the Project:** Depression And Quality of Life Among Type-2 Diabetes Mellitus Patients: A Case Control Study
2. **File No:** NCON/RESEARCH/ACD/2021-22/22
3. **Date of grant:** 3/1/2022
4. **Date of Completion of project:** May 2022
5. **Name of the Principal Investigator(s):** Dr. Arumugam Indra
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available**
10. **Out Come of the Project:** Published in Below Link Journal

<https://www.njcmindia.com/index.php/file/article/view/423>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 03/01/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Indira

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. Arumugam
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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UTILIZATION CERTIFICATE

1. **Title of the Project:** Effectiveness Of Self-Instructional Module (Sim) On Paternal Attitude Of Expectant Fathers And Maternal Satisfaction On Perinatal Outcome,
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 23
3. **Date of grant:** 3/1/2022
4. **Date of Completion of project:** Jun 2022
5. **Name of the Principal Investigator(s):** Dr.Arumugam Indira
6. **Implementing Department(s):** Obstetrical and gynaecological nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available**
10. **Out Come of the Project:**

<https://njcmindia.com/index.php/file/article/view/1564>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 03/01/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Indira

Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. Arumugam
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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Ph No: 0861-2317969 | Fax: 0861-2311968.

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UTILIZATION CERTIFICATE

1. **Title of the Project:** Knowledge of collecting a swab specimen in a tertiary care Hospital .
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 24
3. **Date of grant:** 03/01/2022
4. **Date of Completion of project:** December 2022
5. **Name of the Principal Investigator(s):** Mrs.Anjani Devi Nelavala
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 13,000
9. **Balance Amount Available:** Rs 2000
10. **Out Come of the Project:** Published in Below Link article

https://www.researchgate.net/publication/366635386_Knowledge_of_collecting_a_swab_specimen_in_a_tertiary_care_hospital

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 03/01/2022 **Rs 13,000** has been utilized for the purpose for which it was sanctioned, Rs 2000 was remains, it was utilized at the time of Publications.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N Anjani devi

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. R. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



UTILIZATION CERTIFICATE

1. **Title of the Project:** Sleep as Preamble of Optimal Health among Elderly Hypertensive Adults.
2. **File No:** NCON/RESEARCH/ACD/2021-22/25
3. **Date of grant:** 3/1/2022
4. **Date of Completion of project:** Jul 2022
5. **Name of the Principal Investigator(s):** Mrs Viji Alex
6. **Implementing Department(s):** Obstetrical Gynaecological Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

[View of Sleep As Preamble Of Optimal Health Among Elderly Hypertensive Adults](#)

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 03/01/2022, **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Viji Alex*

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Conceptual frame work on bundle care therapy on hypertension.
2. **File No:** NCON/RESEARCH/ACD/2021-21/26
3. **Date of grant:** 10/1/2022
4. **Date of Completion of project:** Jul 2022
5. **Name of the Principal Investigator(s):** Mrs.katari Kantha
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available**
10. **Out Come of the Project:**Published in below link

<https://www.scribd.com/document/591132669/Katari-Kantha-1>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 10/01/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Kantha

Name & Signature of Principal (with Seal):

A. Radha

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. B. Chamy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Effect of VAT on Figure of Eight Walking among the Adults with Hypertension
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 27
3. **Date of grant:** 08/03/2022
4. **Date of Completion of project:** August 2023
5. **Name of the Principal Investigator(s):** Mrs. KatariKantha
6. **Implementing Department(s):**Community Health Nursing
7. **Total Amount Available for Expenditure: Rs 15,000**
8. **Actual Expenditure Incurred:Rs 15,000**
9. **Balance Amount Available: -**
10. **Out Come of the Project:**

<https://www.scribd.com/document/591132669/Katari-Kantha-1>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 08/03/2022**Rs 15,000**has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Kantha

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. S. S. S.

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dy. B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

- Title of the Project:** Critical Evaluation of Childhood exposure to various environmental Pollutants
- File No:** NCON/RESEARCH/ACD/2021-23 28
- Date of grant:** 9/3/2022
- Date of Completion of project:** August 2023
- Name of the Principal Investigator(s):** Prof B Vanaja Kumari
- Implementing Department(s):** Community Health Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available:**
- Out Come of the Project:**

<https://hivnursing.net/index.php/hiv/article/view/1508>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana college of Nursing dated 09/03/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. B. Vanaja Kumari
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Impact of Nurse Led Bundle Care Therapy on POP Symptoms among Women with Prolapsed Uterus.
2. **File No:** NCON/RESEARCH/ACD/2021-22/ 29
3. **Date of grant:** 4/4/2022
4. **Date of Completion of project:** July 2022
5. **Name of the Principal Investigator(s):** Mrs.Katri Kantha
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 13,000
9. **Balance Amount Available:** 2000
10. **Out Come of the Project:** - Published in below link Journal

<https://www.pnrjournal.com/index.php/home/article/view/1210>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 03/01/2022 **Rs 13,000** has been utilized for the purpose for which it was sanctioned, 2000 balance was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

A. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. B. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Effect of Vat on BMI And WhrWith Regard To Hypertensive Safety Bundle Care Therapy (HSBCT) Among The Adults With Hypertension.
2. **File No:** NCON/RESEARCH/ACD/2022-23/30
3. **Date of grant:** 1/7/2022
4. **Date of Completion of project:** December 2023
5. **Name of the Principal Investigator(s):** Mrs.Katari Kantha
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure: Rs 15,000**
8. **Actual Expenditure Incurred:Rs 15,000**
9. **Balance Amount Available**
10. **Out Come of the Project:**

https://www.neuroquantology.com/open-access/Effect+of+VAT+on+Figure+of+Eight+Walking+among+the+Adults+with++Hypertension_4499/?download=true

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 01/07/2022**Rs 15,000**has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Kantha*

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

[Signature]
CHARTED ACCOUNTANT



Dr. B. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Analysis of emotional symptoms of premature syndrome.
2. **File No:** NCON/RESEARCH/ACD/2023-24/31
3. **Date of grant:** 10/8/2022
4. **Date of Completion of project:** Feb 2023
5. **Name of the Principal Investigator(s):** Mrs.Anjani Devi Nelavala
6. **Implementing Department(s):** Mental Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available**
10. **Out Come of the Project:**

<https://hivnursing.net/index.php/hiv/article/view/1510>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana college of Nursing dated 10/08/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *N. Anjani devi*

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]
CHARTED ACCOUNTANT



[Signature]
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

- Title of the Project:** Quasi-Experimental Study to Assess the Effect of Swaddling on the Management of Pain During Heel Prick among Neonates Admitted in the Neonatal Intensive Care Unit at NMCH, Nellore.
- File No:** NCON/RESEARCH/ACD/2022-23/ 32
- Date of grant:** 22/8/2022
- Date of Completion of project:** Feb - 2023
- Name of the Principal Investigator(s):** Prof. Shanmuga Vadivu
- Implementing Department(s):** Child Health Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available:**
- Out Come of the Project:**

https://scholar.google.com/citations?view_op=view_citation&hl=en&user=5dubbxoAAAAJ&citation_for_view=5dubbxoAAAAJ:5nxA0vEk-isC

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 22/08/2022Rs **15,000**has been utilized for the purpose for which it was sanctioned.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

A. J. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. B. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Analysis of Prevention of Techniques for Post-Traumatic Stress Disorder
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 33
3. **Date of grant:** 9/9/2022
4. **Date of Completion of project:** Feb 2023
5. **Name of the Principal Investigator(s):** Mrs.Smitha PM
6. **Implementing Department(s):** Mental Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://hivnursing.net/index.php/hiv/article/view/1508>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 02/02/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Smitha

Name & Signature of Principal (with Seal):

A. Smitha
Principal

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Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dy. Pradyumna
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE


1. **Title of the Project** :Strategies for improving oral health conditions in senior patients
2. **File No:** NCON/RESEARCH/ACD/2022-23/34
3. **Date of grant:** 09/09/2022
4. **Date of Completion of project:** Feb 2023
5. **Name of the Principal Investigator(s):** Mrs.Nasina Subhashini
6. **Implementing Department(s):** Medical surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**Published in below article

<https://hivnursing.net/index.php/hiv/article/view/1509>

DECLARATION CERTIFICATE

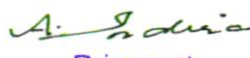
Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/09/2022 **Rs 14,000** has been utilized for the purpose for which it was sanctioned, Rs 1000 was remains, it was utilized at the end of publication

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.


Name & Signature of PI(s): 


CHARTED ACCOUNTANT

Name & Signature of Principal (with Seal):


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Identification of the Environmental Factors that lead to high Infertility Rates among Woman
2. **File No:** NCON/RESEARCH/ACD/2022-23/35
3. **Date of grant:** 10/09/2022
4. **Date of Completion of project:** Feb - 2023
5. **Name of the Principal Investigator(s):** Dr Megiline Bose. C
6. **Implementing Department(s):** Obstetrical and Gynaecological Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://hivnursing.net/index.php/hiv/article/view/1511>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 10/09/2022 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Megiline Bose

Name & Signature of Principal (with Seal):

A. Radha

Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

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Dr. R. Chinnai
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** A Study on Assessment of Perception of Nursing Students towards Utilization of Community Health Nursing Bag in selected Nursing colleges, Nellore
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 36
3. **Date of grant:** 10/09/2022
4. **Date of Completion of project:** March 2023
5. **Name of the Principal Investigator(s):** Prof B. Vanaja Kumari,
6. **Implementing Department(s):** Community Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/504/370>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 10/09/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N. Arjani devi

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

D. B. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of theProject:**A Study to Assess the Knowledge Regarding Home Care Management of Selected Climate Change-Related Diseases among Nursing Students in Selected Nursing Colleges, Nellore
2. **File No:** NCON/RESEARCH/ACD/2023-24/ 37
3. **Date of grant:** 10/09/2022
4. **Date of Completion of project:** April 2024
5. **Name of the Principal Investigator(s):**Prof B. Vanaja Kumari,
6. **Implementing Department(s):** Community Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/503/369>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 10/09/2022**Rs 15,000**has been utilized for the purpose for which it was sanctioned.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N Arjani devi

Name & Signature of Principal (with Seal):

A. Sadia
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. B. Vanaja
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE


1. **Title of the Project:** A Study to Assess the Knowledge of Documentation while Taking Care of Mentally Ill Patients among Staff Nurses in the Psychiatric Ward of the Narayana Medical College Hospital at Nellore, Andhra Pradesh
2. **File No:** NCON/RESEARCH/ACD/2023-24/ 38
3. **Date of grant:** 10/9/2022
4. **Date of Completion of project:** March 2023
5. **Name of the Principal Investigator(s):** Prof Smitha P.M
6. **Implementing Department(s):** Mental Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/523/383>


DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana Nursing Colledated 10/09/2022Rs 14,000has been utilized for the purpose for which it was sanctioned and that the balance of Rs 1000remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): 


Name & Signature of Principal (with Seal):



Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003


CHARTERED ACCOUNTANT




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayananursingcollege.com

website: <https://www.narayananursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project** A Study to Assess the Effectiveness of Cluster Care on Physiological Parameters among Preterm Newborns Admitted in NICU at NMCH, Nellore
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 39
3. **Date of grant:** 10/09/2022
4. **Date of Completion of project:** Mar 2023
5. **Name of the Principal Investigator:** Prof. Shanmuga Vadivu
6. **Implementing Department:** Child Health Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/522/382>

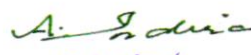
DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 10/09/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.


Name & Signature of PI(s):

Name & Signature of Principal (with Seal):


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTERED ACCOUNTANT




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2317968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayananursingcollege.com

website: <https://www.narayananursingcollege.com>



UTILIZATION CERTIFICATE

- Title of the Project:** A Descriptive Study to Assess the Knowledge on Prevention and Homecare Management of Lung Cancer Among Smokers in Selected Villages, Nellore.
- File No:** NCON/RESEARCH/ACD/2023-24/ 40
- Date of grant:** 10/9/2022
- Date of Completion of project:** March 2023
- Name of the Principal Investigator(s):** Dr. Latha. A
- Implementing Department(s):** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available:**
- Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/506/372>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing Collegedated 10/09/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

A. Latha
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dr. B. B. B. B.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE


1. **Title of the Project:** A Study to Assess the Effectiveness of Hot Water Foot Bath Therapy on the Quality of Sleep among the Elderly at Narayana Medical College and Hospital, Nellore.
2. **File No:** NCON/RESEARCH/ACD/2022-23/41
3. **Date of grant:** 10/9/2022
4. **Date of Completion of project:** March 2023
5. **Name of the Principal Investigator(s):** Dr. Latha. A
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/502/368>

DECLARATION CERTIFICATE

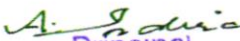
Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 10/09/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): 



CHARTED ACCOUNTANT

Name & Signature of Principal (with Seal):


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Chairperson


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

- Title of the Project:** A Study to Assess the Effectiveness of Buteyko Breathing Exercise on Respiration Outcome among Patients with COPD at NMCH, Nellore.
- File No:** NCON/RESEARCH/ACD/2022-23/42
- Date of grant:** 10/9/2022
- Date of Completion of project:** March 2023
- Name of the Principal Investigator(s):** Dr. Latha. A
- Implementing Department(s):** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available:**
- Out Come of the Project:**

<https://seer-ufu-br.online/index.php/journal/article/view/501/367>

DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana College of Nursing dated 10/09/2022 Rs 15,000 has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

CHARTED ACCOUNTANT

Name & Signature of Principal (with Seal):

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** A Psychological Study into Therapy Practices That Can Help in Treating Addictions
2. **File No:** NCON/RESEARCH/ACD/2022-23/43
3. **Date of grant:** 15/12/2022
4. **Date of Completion of project:** May 2023
5. **Name of the Principal Investigator(s):** Mrs Nathiya K
6. **Implementing Department(s):** Mental health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://jrtdd.com/index.php/journal/article/view/515/398>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 15/12/2022 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Nathy*

Name & Signature of Principal (with Seal):

A. S. Diva
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

[Signature]
CHARTED ACCOUNTANT



[Signature]
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Application of Ai Tools for Better Rehabilitation Purposes
2. **File No:** NCON/RESEARCH/ACD/20 22-23/44
3. **Date of grant:** 9/1/2023
4. **Date of Completion of project:** July - 2023
5. **Name of the Principal Investigator(s):** Prof Smitha P.M
6. **Implementing Department(s):** Mental health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://www.jrtdd.com/index.php/journal/article/view/974/662>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 02/02/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Smitha

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTERED ACCOUNTANT



Dr. S. S. S.
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** A Psychological Study into the Virtues that are Important for a Psychiatric Nurse
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 45
3. **Date of grant:** 9/1/2023
4. **Date of Completion of project:** Jul - 2023
5. **Name of the Principal Investigator(s):** Mrs Nathiya K
6. **Implementing Department(s):** Mental health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://jrtdd.com/index.php/journal/article/view/968/656>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Colledge dated 09/01/2023 **Rs 15,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Nathiya*

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTERED ACCOUNTANT



Dr. B. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Role of Violent Video Games in Aggression and Violent Behavior of Young Adults: Psychological Perspective
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 46
3. **Date of grant:** 9/1/2023
4. **Date of Completion of project:** 10/8/2024
5. **Name of the Principal Investigator(s):** Mrs Nathiya K
6. **Implementing Department(s):** Mental health nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://jrtd.com/index.php/journal/article/view/967/655>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 09/01/2023 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Nathiya*

Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



D. R. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



Utilization Certificate

- Title of the Project:** Establishing the Relationship between Adolescents' Mental Health and Family Culture
- File No:** NCON/RESEARCH/ACD/2023-24/ 47
- Date of grant:** 19/1/2023
- Date of Completion of project:** estimated to be completed by August 2023
- Name of the Principal Investigator:** MrsSomesulaSuchitra,
- Implementing Department(s):**Mental Health Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:**Rs 14,000
- Balance Amount Available:** 1000
- Out Come of the Project:**

<https://jrtd.com/index.php/journal/article/view/1546/1061>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 19/01/2023 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000**remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Suchitra*

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

D. R. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:**History of Nursing and Their Role in Modern Healthcare
2. **File No:** NCON/RESEARCH/ACD/2023-24/48
3. **Date of grant:** 10/10/2023
4. **Date of Completion of project:** March - 2023~~4~~
5. **Name of the Principal Investigator(s):**Dr. Indira.A
6. **Implementing Department(s):** Nursing Foundation
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available:**
10. **Out Come of the Project:**

<https://www.eurchembull.com/uploads/paper/025e215a67a5c7ec9bd3472c9602b538.pdf>

DECLARATION CERTIFICATE

Certified that out of Rs 15,000 financial Support sanctioned under Narayana Nursing Collegedated 10/10/2022Rs 15,000has been utilized for the purpose for which it was sanctioned .

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s): *Indira*

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

- Title of the Project:** Phytochemical Analysis and Antimicrobial Activity of *Atlantia Monophylla* (AM) Extract
- File No:** NCON/RESEARCH/ACD/2023-24/ 49
- Date of grant:** 3/1/2023
- Date of Completion of project:** estimated to be completed by July 2024
- Name of the Principal Investigator(s):** Dr. Anjani Devi
- Implementing Department(s):** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 135,00
- Balance Amount Available:** 1500
- Out Come of the Project:**

<https://journals.innovareacademics.in/index.php/ijcpr/article/view/51809#:~:text=Results%3A%20The%20results%20of%20this,microbes%20compared%20to%20standard%20drugs.>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 02/02/2021 **Rs 15,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1500** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N. Anjani devi

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. Devi
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Dr. B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** A comparative study of anti-anxiety properties of ethanolic and aqueous extracts of Ocimum sanctum in animal models.
2. **File No:** NCON/RESEARCH/ACD/2023-24/50
3. **Date of grant:** 7/17/2023
4. **Date of Completion of project:** estimated to be complete by March 2024
5. **Name of the Principal Investigator(s):** Dr Anjani Devi. N
6. **Implementing Department(s):** Medical Surgical Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:** Rs 14,000
9. **Balance Amount Available:** 1000
10. **Out Come of the Project:**

<https://www.njppp.com/fulltext/28-1710316087.pdf?1729877445>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 02/02/2021 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

N Anjani devi

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING,
Chinthareddypalem,
NELLORE - 524 003

Dr. B. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



UTILIZATION CERTIFICATE

1. **Title of the Project:**Pharmaco economic Studies of the Effect of Diabetes Treatment
2. **File No:** NCON/RESEARCH/ACD/2022-23/51
3. **Date of grant:** 9/1/2023
4. **Date of Completion of project:** Jul-23
5. **Name of the Principal Investigator(s):**Prof B Vanaja Kumari
6. **Implementing Department(s):** Community Health Nursing
7. **Total Amount Available for Expenditure:**Rs 15,000
8. **Actual Expenditure Incurred:**Rs 14,500
9. **Balance Amount Available:** 500
10. **Out Come of the Project:**

https://www.researchgate.net/publication/366987605_Prevalence_of_Diabetes_Mellitus_among_Young_Indians_and_PsychoEducational_Intervention_for_Effective_Treatment

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana Nursing Collegedated 09/01/2023, **Rs 14,500**has been utilized for the purpose for which it was sanctioned, 500 was remain, it was utilized at end publications.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



Utilization Certificate

- Title of the Project:** A Descriptive Study on Emergency Cases During Pre, Intra and Post COVID 19 Pandemic Reported at Tertiary Care Hospital, Nellore, Andhra Pradesh
- File No:** NCON/RESEARCH/ACD/2023-24/ 52
- Date of grant:** 9/1/2024
- Date of Completion of project:** estimating to be complete July 2024
- Name of the Principal Investigator(s):** MrsThejovathi
- Implementing Department(s):** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:**Rs 15,000
- Balance Amount Available:** -
- OutComeoftheProject:**<https://hunandaxuexuebao.com/details.php?id=DOI:10.5281/zenodo.12793166>

Declaration Certificate

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/01/2024,**Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Name & Signature of Principal (with Seal):

Dy. R. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT



Dy. R. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>




Utilization Certificate

- Title of the Project:** Effect of Garlic Therapy on Blood Pressure among the patients with Hypertension in selected Area, Nellore, A Randomized Control Trail.
- File No:** NCON/RESEARCH/ACD/2023-24/53
- Date of grant:** 9/1/2024
- Date of Completion of project:** Estimated to be completed by October 8, 2024
- Name of the Principal Investigator(s):** Prof P Shanmugavadivu
- Implementing Department(s):** Medical Surgical Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 14,000
- Balance Amount Available:** 1000
- Out Come of the Project:** <https://jilindaxuexuebao.org/dashboard/uploads/6.13284499.pdf>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Sree Narayana Nursing Colledated 09/01/2024 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the Publication.

Certified that we have satisfied ourselves that the conditions on which the finance support was sanctioned have been fulfilled.

Name & Signature of PI(s): 

Name & Signature of Principal (with Seal):


Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

CHARTED ACCOUNTANT




Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

- Title of the Project:** Psychological Distress in parents of children with Cancer: A Descriptive Cross- Sectional Study
- File No:** NCON/RESEARCH/ACD/2023-24/54
- Date of grant:** 19/1/2024
- Date of Completion of project:** 10/8/2024
- Name of the Principal Investigator(s):** Mrs .Thejovathi,
- Implementing Department(s):** Mental Health Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:**Rs 14,000
- Balance Amount Available:** 1000
- Out Come of the Project:**

http://ijrar.org/viewfull.php?&p_id=IJRAR24B3087

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing College 19/01/2024 **Rs 14,000** has been utilized for the purpose for which it was sanctioned and that the balance of **Rs 1000** remains, it was utilized at the time of Publication.

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

Thejovathi

CHARTERED ACCOUNTANT



Name & Signature of Principal (with Seal):

Dr. Reddy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. Reddy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



Utilization Certificate

- Title of the Project:** A Study to Assess the Effectiveness of IEC on Menopausal Symptoms and perceptions among menopausal Women at Venkatachalam, Nellore.
- File No:** NCON/RESEARCH/ACD/2023-24/55
- Date of grant:** 9/1/2024
- Date of Completion of project:** estimated to be completed by Aug 2024
- Name of the Principal Investigator:** Dr. Latha. A
- Implementing Department:** Obstetrical and gynaecological Nursing
- Total Amount Available for Expenditure:** Rs 15,000
- Actual Expenditure Incurred:** Rs 15,000
- Balance Amount Available:** -
- Out Come of the Project:**

<https://migrationletters.com/index.php/ml/article/view/11040/7389>

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of College dated 09/01/2024 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the finance was sanctioned have been fulfilled.

Name & Signature of PI(s):

Latha

CHARTERED ACCOUNTANT



Name & Signature of Principal (with Seal):

Dr. R. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. R. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003,



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in | | principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



UTILIZATION CERTIFICATE

1. **Title of the Project:** Assess the Effectiveness of Self- Instructional Module on Early Initiation of Breast Practices among Postnatal Women in India
2. **File No:** NCON/RESEARCH/ACD/2022-23/ 56
3. **Date of grant:** 09/03/2022
4. **Date of Completion of project:** November - 2022
5. **Name of the Principal Investigator(s):** Mrs.T Usha Kiran
6. **Implementing Department(s):** Obstetrical and gynaecological Nursing
7. **Total Amount Available for Expenditure:** Rs 15,000
8. **Actual Expenditure Incurred:**Rs 15,000
9. **Balance Amount Available**
10. **Out Come of the Project:**

https://www.researchgate.net/publication/366605982_CHINESE_JOURNAL_OF_MEDICAL_GENETICS_ASSESS_THE_EFFECTIVENESS_OF_SELF-INSTRUCTIONAL_MODULE_ON_EARLY_INITIATION_OF_BREASTFEEDING_PRACTICES_AMONG_POSTNATAL_WOMEN_IN_INDIA

DECLARATION CERTIFICATE

Certified that out of **Rs 15,000** financial Support sanctioned under Narayana College of Nursing dated 09/03/2022 **Rs 15,000** has been utilized for the purpose for which it was sanctioned

Certified that we have satisfied ourselves that the conditions on which the grants-in-aid was sanctioned have been fulfilled.

Name & Signature of PI(s):

CHARTED ACCOUNTANT



Name & Signature of Principal (with Seal):

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Dr. B. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003